Looking for ways to balance your career and personal life?

The Work/Life Resource Center can help you balance the obligations of work and home.

CHILD CARE RESOURCES
Information, links, and online child care listings.
hr.umich.edu/worklife/childcare/findchildcare.html

CAMPUS CHILD CARE HOMES NETWORK
Licensed, independent Ann Arbor-area home child care providers who serve U-M families.
hr.umich.edu/worklife/childcare/homesnetwork.html

U-M EARLY CHILDHOOD PROGRAMS
On-campus children’s centers in Ann Arbor/UMHS, Dearborn, and Flint.
hr.umich.edu/childcare

KIDS KARE AT HOME
Occasional, back-up child care.
hr.umich.edu/worklife/kidskare

PARENTING
Information for parents, and lactation room locations on campus.
hr.umich.edu/worklife/parenting

U-M FAMILY HELPERS
Online listing of U-M students /retirees who offer elder care, child care, pet sitting, house cleaning, etc.
hr.umich.edu/worklife/familyhelpers

FLEXIBLE WORK ARRANGEMENTS
Information on flexible scheduling; referrals for questions on FMLA or leaves of absence.
hr.umich.edu/worklife/flexwork

ELDER CARE RESOURCES
Referral information for local and nationwide resources.
hr.umich.edu/worklife/eldercare

EDUCATIONAL SERVICES
Annual Work/Life Conference for staff: “Connecting the Dots”; presentations and information on elder care resources, lactation room locations, and work/life balance.
hr.umich.edu/worklife/education

For more information call (734) 936-8677, e-mail worklife@umich.edu or visit hr.umich.edu/worklife

The Work/Life Resource Center is committed to the ongoing development of a workplace culture supportive of personal and family life. By advocating for enlightened policies, practices and services, the WLRC contributes to the recruitment and retention of the highest-quality faculty, staff and students.