



HUMAN RESOURCES
WORK-LIFE RESOURCE CENTER
UNIVERSITY OF MICHIGAN



Resources to help you integrate work or school and your personal life.

U-M CHILDREN'S CENTERS

On-campus weekday programs for young children in Ann Arbor, Dearborn, and Flint.
hr.umich.edu/childrens-centers

CHILD CARE RESOURCES

Information, links, and online child care listings.
hr.umich.edu/child-care-resources

CAMPUS CHILD CARE HOMES NETWORK

Licensed, independent Ann Arbor-area home child care providers who serve U-M families.
hr.umich.edu/campus-child-care-homes-network

KIDS KARE AT HOME

Occasional back-up child care.
hr.umich.edu/kids-kare

FAMILY HELPERS

Online profiles of U-M students and retirees who offer child care and other family support.
hr.umich.edu/family-helpers

LACTATION AND PARENTING RESOURCES

Information including U-M lactation room locations and set-up guide, and parenting resources.
hr.umich.edu/lactation-resources

ELDER CARE RESOURCES

Information and local/nationwide resources.
hr.umich.edu/elder-care

FLEXIBLE WORK OPTIONS

Information on flexible work arrangements, sample templates, and U-M policies/federal laws affecting workflex.
hr.umich.edu/flexible-work-options

EDUCATIONAL RESOURCES

Annual Work-Life "Connecting the Dots" conference for U-M staff, presentations and information on work-life integration.
hr.umich.edu/connecting-the-dots

CARE.COM

Online listings of community caregivers who offer child care and other household help.
hr.umich.edu/care-com

For more information, visit: hr.umich.edu/worklife

Questions? E-mail worklife@umich.edu or call 734-936-8677