



Benefits-at-a-Glance for U of M Premier Care MNA January 2021

This is intended as an easy-to-read summary and provides only a general overview of your benefits. It is not a contract. Additional limitations and exclusions may apply to covered services. For a complete description of benefits, please see the applicable Blue Care Network Certificates and Riders. Payment amounts are based on the Blue Care Network Approved Amount, less any applicable deductible, coinsurance and copay amounts required by the plan. If there is a discrepancy between this Benefits-at-a-Glance and any applicable plan documents, the plan document will control. This coverage is provided pursuant to a contract entered into in the State of Michigan and shall be construed under the jurisdiction and according to the laws of the State of Michigan for fully insured plans. **Services must be provided or arranged by member's primary care physician or health plan**

Member's Responsibility: Deductible, Copays, Coinsurance and Maximums

	UM Premier Care Provider Network 1	UM Premier Care Provider Network 2 Requires referral from Provider Network 1*
Deductible	This plan has no deductible.	\$2,000 per member \$4,000 per contract per year
Fixed Dollar Copays	\$20 office visits; \$20 urgent care; \$75 emergency room services; \$20 outpatient mental health/substance use visits; \$1,000 weight reduction procedures	\$75 emergency room services; \$20 urgent care
Coinsurance	20% coinsurance for IVF services	None
Out of Pocket Maximum combined Network 1 and Network 2 - applies to deductibles, copays and coinsurance amounts for all covered services (excludes prescription drug cost sharing)	\$3,000 per member \$6,000 per contract per calendar year	\$3,000 per member \$6,000 per contract per calendar year

Preventive Services

Health Maintenance Exam	Covered - 100%	Covered - 100%
Annual Gynecological Exam	Covered - 100%	Covered - 100%
Pap Smear Screening – laboratory services only	Covered - 100%	Covered - 100%
Well-Baby and Child Care	Covered - 100%	Covered - 100%
Immunizations – pediatric and adult	Covered - 100%	Covered - 100%
Prostate Specific Antigen (PSA) Screening – laboratory services only	Covered - 100%	Covered - 100%
Routine Colonoscopy	Covered - 100%	Covered - 100%
Mammography Screening	Covered – 100%	Covered – 100%
Female Sterilization	Covered - 100%	Covered - 100%
Maternity Pre-natal care	Covered - 100%	Covered - 100%

Physician Office Services

PCP Office Visits	Covered – \$20 copay	Requires a referral, subject to deductible
Consulting Specialist Care	Covered – \$20 copay	Requires a referral, subject to deductible

Emergency Medical Care

Hospital Emergency Room – copay waived if admitted	Covered - \$75 copay	Covered - \$75 copay
Urgent Care Center	Covered - \$20 copay	Covered - \$20 copay
Ambulance Services – medically necessary	Covered – 100%, ground and air services	Covered – 100%, ground and air services

Diagnostic Services

Laboratory and Pathology Tests	Covered – 100%; Office visit copay may apply per member per visit	Covered – 100%; Office visit copay may apply per member per visit
Diagnostic Tests and X-rays	Covered – 100%; Office visit copay may apply per member per visit	Requires a referral, subject to deductible
Radiation Therapy	Covered – 100%; Office visit copay may apply per member per visit	Requires a referral, subject to deductible

Maternity Services Provided by a Physician	UM Premier Care Provider Network 1	UM Premier Care Provider Network 2 Requires referral from Provider Network 1
Pre-Natal and Post-Natal Care	Covered – 100%	Prenatal care is covered 100%. Postnatal care requires a referral, subject to deductible
Delivery and Nursery Care	Covered – 100%	Requires a referral, subject to deductible

Hospital Care

Inpatient Physician Care, General Nursing Care, Hospital Services and Supplies	Covered – 100%; unlimited days	Requires a referral, subject to deductible
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Alternatives to Hospital Care

Skilled Nursing Care Cumulative benefit of 120 days Network 1 & 2	Covered – 100%; up to 120 days per calendar year	Requires a referral, subject to deductible
Hospice Care	Covered – 100%	Requires a referral, subject to deductible
Home Health Care	Covered – 100%	Requires a referral, subject to deductible

Surgical Services

Surgery – includes all related surgical services and anesthesia	Covered – 100%	Requires a referral, subject to deductible
Voluntary Sterilization	Covered - 100%; office visit copay may apply	Requires a referral, subject to deductible
Human Organ Transplants: Subject to medical criteria & BCN prior authorization	Covered - 100%	Requires a referral, subject to deductible

Behavioral Health Services

Inpatient Mental Health Care and Substance Use Disorder When prior authorized by BCN and provided in an approved facility	Mental Health Care: Covered – 100%	Mental Health Care: Requires a referral, subject to deductible
	Substance Use Disorder: Covered – 100% Detoxification Covered - 100%	Substance Use Disorder: Requires a referral, subject to deductible Detoxification - Requires a referral, subject to deductible
Outpatient Mental Health Care	Covered – \$20 copay	Requires a referral, subject to deductible
Outpatient Substance Use Disorder	Covered – \$20 copay	Requires a referral, subject to deductible

Autism Spectrum Disorders, Diagnoses and Treatment

Applied behavioral analyses (ABA) treatment	Covered – \$20 copay	Requires a referral, subject to deductible ABA is not covered outside of Michigan.
Outpatient physical therapy, speech therapy, occupational therapy, nutritional counseling for autism spectrum disorder through age 18. Physical, speech and occupational therapy for autism spectrum disorder is unlimited.	Covered – \$20 copay	Requires a referral, subject to deductible
Other covered services, including mental health services, for Autism Spectrum Disorder	See your outpatient mental health benefit and medical office visit benefit	

Other Services

Allergy Testing and Therapy	Covered – \$20 office visit copay may apply per member per visit; Injections covered 100%	Requires a referral, subject to deductible
Chiropractic Services	Not Covered	Not covered
Outpatient Physical, Speech and Occupational Therapy <ul style="list-style-type: none"> • Cumulative benefit of days Network 1 & 2 • Major and minor diagnosis as defined by the Group • Includes coverage for Gender affirming voice and communication speech therapy 	Covered – \$20 copay per visit Major diagnoses – limited to 60 visits per medical episode per calendar year Minor diagnoses – limited to 15 visits per medical episode calendar year	Requires a referral, subject to deductible
Cardiac Rehabilitation	Covered in full; up to 36 sessions within an 18 week period per medical episode	Requires a referral, subject to deductible

Pulmonary Rehabilitation	Covered in full; up to 1 program of 12 sessions per year per condition	Requires a referral, subject to deductible
Infertility Assessment	Covered – 100%	Requires a referral, subject to deductible

**UM Premier Care
Provider Network 1**

**UM Premier Care
Provider Network 2
Requires referral from Provider Network 1**

Infertility – includes in-vitro fertilization and fertility preservation Subject to medical criteria – See Certificate of Coverage	Limited to U of M providers only Covered 80% - 20% coinsurance Covered IVF and fertility preservation services are subject to a combined \$20,000 lifetime limit	Not covered
Durable Medical Equipment	Covered – 100%	Covered – 100% requires a referral
	Diabetes prevention program to reduce the risk of developing Type 2 diabetes is covered in full.	
Prosthetic and Orthotic Appliances	Covered – 100%	Covered – 100% requires a referral
Colonoscopy and Sigmoidoscopy	Covered – 100% requires a referral	Requires a referral, subject to deductible
Routine Vision Exam	Covered – one routine vision exam per year.	Covered – one routine vision exam up to \$40 per calendar year
Transgender Services – subject to medical criteria	Covered – 100%	Requires a referral, subject to deductible
	Facial Hair Removal, Facial feminization surgery and Chondrolaryngoplasty are subject to a combined Lifetime Maximum of \$30,000 per Member.	
Elective termination of pregnancy first trimester. Medical termination in 2 nd or 3 rd trimester.	Covered – 100%, office visit copay may apply	Requires a referral, subject to deductible
Weight Reduction Procedures	Covered - \$1,000 copay or 50% whichever is less	Not covered
Male Mastectomy for treatment of gynecomastia	Not covered	Not covered
Reconstructive Surgery, subject to medical criteria and BCN prior authorization	Covered – 100%	Requires a referral, subject to deductible

Value Based Hearing Network

Standard Hearing Network

Hearing Evaluation, Hearing Aid, Custom Ear Molds	Hearing aid evaluation, testing and basic binaural hearing aids, once every 36 months; office visit copay may apply.	Hearing aid evaluation, testing and basic binaural hearing aids, once every 36 months; office visit copay may apply. Member may be balance billed for the difference between the BCN Allowed Amount and the provider charge for the standard model.
	Custom ear molds for children under the age of 18 are covered according to the following schedule: <ul style="list-style-type: none"> • Under 3 years of age: 4X every 12 months per hearing aid • Age 3 up to 13 years of age: 2X every 12 months per hearing aid • Age 13 up to 18 years of age: 1X every 12 months per hearing aid 	

Blue Care Network provides administrative claims services only. Your employer or plan sponsor is financially responsible for claims.

* Services outside of Premier Care Provider Network 1 require a referral from the Premier Care Network 1 Primary Care Physician.

Preauthorization for Select Services – Services listed in this BAAG are covered when provided in accordance with Certificate requirements and, when required, are preauthorized or approved by BCN except in an emergency.

Note: A list of services that require approval **before** they are provided is available online at bcbsm.com/importantinfo.
Select *Approving covered services*.

UMPRMF, UMPCUF, DPP