

Voices Strive for Well-Being Network

Our network team helps build a positive workplace culture for all by facilitating regular dialogue between the team, stakeholders, and executive officers delivering the insight of the staff perspective. Through a holistic approach, the team explores ideas concerning well-being programs most important to staff while identifying ways to maximize the value of these programs.



Primary Goals & Actions

Well-Being While You Work

Facilitate greater leadership support by encouraging leaders to create space for their staff to participate in wellness programs.

Human-First Philosophy: Life-Work Balance

Change our U-M culture to one that is human-first, where staff are treated as a whole person first and an employee second.



Actual (or Desired) Results

Well-Being While You Work

Staff in essential, high-pressure positions on all three campuses lack awareness and opportunities to engage with wellness initiatives, due to time constraints and limited access to communication tools. Future plans still in development.

Human-First Philosophy: Life-Work Balance

A plan was developed to incorporate a human-first philosophy into the organization's culture. Although a concrete outcome was not generated, the experience provided valuable insight, putting the philosophy into practice by treating one another with compassion and embracing individual growth while prioritizing the human-centric approach.

Future Development

Well-Being While You Work

Forge strategic partnerships with departments that are already champions of well-being to deliver leadership training ensuring that wellness becomes an integral part of our work culture. Propose a university-wide campaign encouraging leaders to model and promote wellness by actively demonstrating their commitment to well-being in their departments.

Human-First Philosophy: Life-Work Balance

Working on textual changes across all campuses & Michigan Medicine locations, raising awareness with announcement of the philosophy/culture change (including testimonials) and establish supervisor training.