University of Michigan: Premier Care - MNA

Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services

Coverage Period: 01/01/2024 – 12/31/2024

Coverage for: Individual + Family Plan Type: Managed Care

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit https://hr.umich.edu/benefits-wellness/health-well-being/health-plans/health-plan-forms-documents or call the number on the back of your BCN ID card. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call the SSC Contact Center at 1-866-647-7657 to request a copy.

Important Questions	Answers		Why This Matters:		
What is the overall deductible?	\$0 Network 1	\$2,000 individual / \$4,000 family Network 2	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.		
Are there services covered before you meet your deductible?	Yes, preventive care, lab, emergency care, DME and some select services.		This plan covers some items and services even though you haven't yet met your deductible amount, but a copayment or coinsurance may apply.		
Are there other <u>deductibles</u> for specific services?	No		Deductibles apply to some Network 2 services.		
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$3,000 Individual / \$6,000 Family for Network 1 and 2 providers combined		The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they must meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.		
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, any pharmacy penalty and health care this plan does not cover		Even though you pay these expenses, they don't count toward the out–of–pocket limit.		
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.bcbsm.com or call the number on the back of your BCN ID card for a list of network providers		number on the back of your BCN ID		This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, you're your network provider might use an out-of-network provider for some services such as lab work. Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Y	'es	This plan will pay some or all of the costs to see a specialist for covered services but only if you have a referral before you see the specialist.		

			What You Will Pay	Limitations, Exceptions, & Other	
Common Medical Event	Services You May Need	Network 1	Network 2	Out-of-Network	Important Information
	Primary care visit to treat an injury or illness	\$20 copay/visit	\$20 copay/visit after deductible. Requires a referral from a Network 1 provider	Not covered	
If you visit a health care provider's office or clinic	Specialist visit	\$20 copay/visit	\$20 copay/visit after deductible. Requires a referral from a Network 1 provider	Not covered	Referral required. May be responsible for the difference between the BCN fee schedule and the amount charged by a Level 3 Provider.
	Preventive care/screening/ immunization	Covered 100%	Covered 100%	Not covered	You may have to pay for services that are not preventive.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Covered 100%	Covered at 100% after deductible. Requires a referral from a Network 1 Provider.	Not covered	May require prior authorization. Note: Deductible does not apply to some lab services when provided by a Network 2 Provider. Check with plan.
	Imaging (CT/PET scans, MRIs)	Covered 100%	Covered at 100% after deductible. Requires a referral from a Network 1 Provider.	Not covered	May require prior authorization. Note: Deductible does not apply to some lab services when provided by a Network 2 Provider. Check with plan.
	Generic drugs				Magellan RX administers the U of M Prescription Drug Plan.
If you need drugs to treat your illness or condition	Preferred brand drugs				Birdi Pharmacy Services administers mail order services. For more
your inneces or containen	Non-preferred brand drugs				information about prescription drug coverage is available at
	Specialty drugs				https://hr.umich.edu/prescription-drug- plan
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Covered 100%	Covered at 100% after deductible. Requires a referral from a Network 1 Provider.	Not covered	
	Physician/surgeon fees	Covered 100%	Covered at 100% after deductible. Requires a referral from a Network 1 Provider.	Not covered	May require prior authorization.

		What You Will Pay			Limitations, Exceptions, & Other	
Common Medical Event	Services You May Need	Network 1	Network 2	Out-of-Network	Important Information	
	Emergency room care	\$75 co-pay / visit	\$100 co-pay / visit	\$100 co-pay / visit	Co-pay waived if admitted.	
If you need immediate medical attention	Emergency medical transportation	Covered 100%	Covered 100%	Covered 100%	Non-emergency transport is not Covered.	
	<u>Urgent care</u>	\$20 co-pay / visit	\$20 co-pay / visit	\$20 co-pay / visit		
If you have a hospital	Facility fee (e.g., hospital room)	Covered 100%	Covered at 100% after deductible. Requires a referral from a Network 1 Provider.	Covered for emergency admission only	Requires prior authorization.	
stay	Physician/surgeon fees	Covered 100%	Covered at 100% after deductible. Requires a referral from a Network 1 Provider.	Covered for emergency admission only		
If you need mental health	Outpatient services	\$25 co-pay / visit	\$25 co-pay / visit after deductible	Not covered	Some outpatient services require prior authorization.	
If you need mental health, behavioral health, or substance abuse services	Inpatient services	Covered 100%	Covered at 100% after deductible. Requires a referral from a Network 1 Provider.	Not covered	Requires prior authorization.	
If you are progrant	Prenatal and postnatal office visits	Covered 100%	Covered at 100% after deductible. Requires a referral from a Network 1 Provider.	Not covered		
If you are pregnant	Delivery inpatient services	Covered 100%	Covered at 100% after deductible. Requires a referral from a Network 1 Provider.	Covered for emergency only	Requires prior authorization.	
If you need help recovering or have other special health needs	Home health care	\$30 copay / visit	\$30 copay / visit after deductible. Requires a referral from a Network 1 Provider.	Not covered	May require prior authorization.	
	Rehabilitation services (physical, occupational, and speech therapy)	\$25 copay / visit	\$25 copay / visit after deductible. Requires a referral from a Network 1 Provider.	Not covered	Requires prior authorization. Limited to 60 visits per medical episode per calendar year for any combination of therapies.	
	Habilitation services	\$25 copay / visit	\$25 copay / visit after	Not covered	Requires prior authorization. Treatment	

		What You Will Pay			Limitations, Exceptions, & Other
Common Medical Event	Services You May Need	Network 1	Network 2	Out-of-Network	Important Information
			deductible. Requires a referral from a Network 1 Provider.		for Applied Behavioral Analysis for autism spectrum disorder. Not covered outside of Michigan.
	Skilled nursing care	Covered 100%	Covered at 100% after deductible. Requires a referral from a Network 1 Provider.	Not covered	Requires prior authorization. Limited to a maximum of 120 days per member per calendar year.
	<u>Durable medical</u> <u>equipment</u>	Covered 100%	Covered 100%. Requires a referral from a Network 1 Provider.	Not covered	Requires prior authorization
	Hospice services	Covered 100%	Covered at 100% after deductible. Requires a referral from a Network 1 Provider.	Not covered	Requires prior authorization for hospice room and board, limited to 45 days per lifetime.
If your child needs dental	Children's eye exam	Covered 100%	Covered up to \$40	Covered up to \$40	Limited to one routine eye exam per calendar year
or eye care	Children's glasses	Not covered	Not covered	Not covered	
	Children's dental check-up	Not covered	Not covered	Not covered	

Excluded Services & Other Covered Services:

- Acupuncture treatment
- Chiropractic care
- Cosmetic surgery
- Dental care (Adult)

- Glasses
- Long term care
- Non-emergency care when traveling outside of the U.S.
- Private duty nursing
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery
 - Habilitation

- Hearing aids
- Infertility treatment

- Routine eye care
- Gender affirming treatment

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: [insert State, HHS, DOL, and/or other applicable agency contact information]. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or

assistance, contact: [insert applicable contact information from instructions].

Does this plan provide Minimum Essential Coverage? [Yes/No]

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? [Yes/No/Not Applicable]

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al [insert telephone number].]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa [insert telephone number].]

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码[insert telephone number].]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' [insert telephone number].]

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist [cost sharing]	\$0
■ Hospital (facility) [cost sharing]	0%
■ Other [cost sharing]	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$	
The total Peg would pay is	\$0	

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist [cost sharing]	\$30
■ Hospital (facility) [cost sharing]	0%
Other [cost sharing]	0%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$120	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$	
The total Joe would pay is	\$120	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist [cost sharing]	\$30
■ Hospital (facility) [cost sharing]	\$100
■ Other [cost sharing]	0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$100	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$100	
The total Mia would pay is	\$100	