# **University of Michigan: GradCare**

Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services

Coverage Period: 01/01/2024 - 12/31/2024

Coverage for: Individual + Family Plan Type: Managed Care

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <a href="https://hr.umich.edu/benefits-wellness/health-well-being/health-plans/health-plan-forms-documents">https://hr.umich.edu/benefits-wellness/health-well-being/health-plans/health-plan-forms-documents</a> or call the number on the back of your BCN ID card. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call the SSC Contact Center at 1-866-647-7657 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. <b>There are no deductibles with this health plan.</b>
Are there services covered before you meet your deductible?	No	There are no deductibles for covered services
Are there other <u>deductibles</u> for specific services?	No	There are no deductibles for covered services
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$3,000 Individual / \$6,000 Family for Level 1, Level 2 and Level 3 providers combined \$500 individual / \$1,000 family for physical therapy visits \$450 individual / \$900 family for behavioral health visits	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they must meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, any pharmacy penalty and health care this plan does not cover	Even though you pay these expenses, they don't count toward the out–of–pocket limit
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.bcbsm.com">www.bcbsm.com</a> or call the number on the back of your BCN ID card for a list of network providers	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, you're your network provider might use an out-of-network provider for some services such as lab work. Check with your provider before you get services
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes	This plan will pay some or all of the costs to see a specialist for covered services but only if you have a referral before you see the specialist

		What You Will Pay			
Common Medical Event	Services You May Need	Level 1 Provider	Level 2 Provider Applicable to approved out-of- area academic study/field placement study only	Level 3 Provider Refer to Plan Documents for more information	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$25 copay/visit	\$25 copay/visit	\$25 copay/visit	May be responsible for the difference between the BCN fee schedule and the amount charged by a Level 3 Provider.
If you visit a health care provider's office or clinic	<u>Specialist</u> visit	\$30 copay/visit	\$30 copay/visit	\$30 copay/visit	Referral required. May be responsible for the difference between the BCN fee schedule and the amount charged by a Level 3 Provider.
	Preventive care/screening/ immunization	No charge	No charge	No charge	You may have to pay for services that are not preventive.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge	No charge	No charge	May require prior authorization. May be responsible for the difference between the BCN fee schedule and the amount charged by a Level 3 Provider.
	Imaging (CT/PET scans, MRIs)	No charge	No charge	No charge	May require prior authorization. May be responsible for the difference between the BCN fee schedule and the amount charged by a Level 3  Provider.
	Generic drugs				Magellan RX administers
If you need drugs to treat your illness or condition	Preferred brand drugs				the Uof M Prescription Drug Plan. Birdi Pharmacy Services administers mail order services. For more information
	Non-preferred brand drugs				about prescription drug coverage is available at
	Specialty drugs				https://hr.umich.edu/prescription-drug- plan
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge	No charge	No charge	May require prior authorization. May be responsible for the difference between
	Physician/surgeon fees	No charge	No charge	No charge	the BCN fee schedule and the amount charged by a Level 3 Provider
If you need immediate	Emergency room care	\$100 co-pay / visit	\$100 co-pay / visit	\$100 co-pay / visit	Co-pay waived if admitted.
medical attention	Emergency medical	No charge	No charge	No charge	Non-emergency transport is not

		What You Will Pay				
Common Medical Event	Services You May Need	Level 1 Provider	Level 2 Provider Applicable to approved out-of- area academic study/field placement study only	Level 3 Provider Refer to Plan Documents for more information	Limitations, Exceptions, & Other Important Information	
	<u>transportation</u>				covered	
	<u>Urgent care</u>	\$25 co-pay / visit	\$25 co-pay / visit	\$25 co-pay / visit		
If you have a hospital	Facility fee (e.g., hospital room)	No charge	Covered*	Covered*	*Level 2 and Level 3 is covered at 100% for emergency admissions	
stay	Physician/surgeon fees	No charge	Covered*	Covered*	Not covered for non-emergent admissions	
If you need mental health, behavioral health, or	Outpatient services	\$25 co-pay / visit	\$25 co-pay / visit	\$25 co-pay / visit	May be responsible for the difference between the BCN fee schedule and the amount charged by a Level 3 Provider.	
substance abuse services	Inpatient services	No charge	No charge	No charge	100% in an approved facility. No coverage out of area except for emergency admission	
If you are pregnant	Prenatal and postnatal office visits	No charge	No charge	No charge	Requires prior authorization. May be responsible for the difference between the BCN fee schedule and the amount charged by a Level 3 Provider.	
,	Delivery inpatient services	No charge	Covered*	Covered*	*Level 2 and Level 3 is covered at 100% for emergency admissions Not covered for non-emergent admissions	
	Home health care	\$30 copay / visit	\$30 copay / visit	\$30 copay / visit*	May require prior authorization.  Level 3 Member is responsible for any amount billed by the Provider that exceeds the Approved Amount	
If you need help recovering or have other special health needs	Rehabilitation services (physical, occupational, and speech therapy)	\$25 copay / visit	\$25 copay / visit	\$25 copay / visit	Limited to 60 visits per medical episode per calendar year for any combination of therapies. Levels 1, 2, and 3 are combined. Level 3 - The Member is responsible for any amount billed by the Provider that exceeds the Approved Amount.  \$500 individual / \$1,000 family out-of- pocket maximum for physical therapy visits	

		What You Will Pay			
Common Medical Event	Services You May Need	Level 1 Provider	Level 2 Provider Applicable to approved out-of- area academic study/field placement study only	Level 3 Provider Refer to Plan Documents for more information	Limitations, Exceptions, & Other Important Information
	Habilitation services	\$25 copay / visit	\$25 copay / visit	\$25 copay / visit	Covered for autism spectrum disorder
	Skilled nursing care	No charge	No charge	No charge	May be responsible for the difference between the BCN fee schedule and the amount charged by a Level 3 Provider.
	Durable medical equipment	No charge	No charge	Covered*	* Member may be responsible for the difference between the BCN fee schedule and the amount charged by the provider.
	Hospice services	No charge	Not covered	Not covered	Level 1: There is a 5th level of 45 days per lifetime that requires preauthorization
If your child needs dental	Children's eye exam	No charge	Covered up to \$40	Covered up to \$40	Limited to one routine eye exam per calendar year
or eye care	Children's glasses	Not covered	Not covered	Not covered	
	Children's dental check-up	Not covered	Not covered	Not covered	

#### **Excluded Services & Other Covered Services:**

### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture treatment
- Chiropractic care
- Cosmetic surgery
- Dental care (Adult)

- Glasses
- Long term care
- Non-emergency care when traveling outside of the U.S.
- Private duty nursing
- Routine foot care
- Weight loss programs

#### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery
  - Habilitation

- Hearing aids
- Infertility treatment

- Routine eye care
- Gender affirming treatment

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: [insert State, HHS, DOL, and/or other applicable agency contact information]. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="Health Insurance">Health Insurance</a> <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: [insert applicable contact information from instructions].

#### Does this plan provide Minimum Essential Coverage? [Yes/No]

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? [Yes/No/Not Applicable]

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al [insert telephone number].]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa [insert telephone number].]

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码[insert telephone number].]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' [insert telephone number].]

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

PRA Disclosure Statement: According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is **0938-1146**. The time required to complete this information collection is estimated to average **0.08** hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$
■ Specialist [cost sharing]	\$
■ Hospital (facility) [cost sharing]	%
■ Other [cost sharing]	%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$	
Copayments	\$	
Coinsurance	\$	
What isn't covered		
Limits or exclusions	\$	
The total Peg would pay is	\$	

## Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$
■ Specialist [cost sharing]	\$
■ Hospital (facility) [cost sharing]	%
■ Other [cost sharing]	%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$	
Copayments	\$	
Coinsurance	\$	
What isn't covered		
Limits or exclusions	\$	
The total Joe would pay is	\$	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$
■ Specialist [cost sharing]	\$
■ Hospital (facility) [cost sharing]	%
Other [cost sharing]	%

#### This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u>	\$
Copayments	\$
Coinsurance	\$
What isn't covered	
Limits or exclusions	\$
The total Mia would pay is	\$