

# Help for Distressed or Disruptive Individuals

**During an immediate threat, CALL 911.**

## Call 911 when an individual is:

- Threatening or attempting to do bodily harm to another
- Making threats of suicide or homicide
- Threatening, intimidating, interfering with or using abusive language to others

### Important Numbers:

Emergency .....	DIAL 911
University of Michigan Police .....	763-1131
Michigan Medicine Security .....	936-7890

## Consultation Resources for Behaviors of Concern

U-M offers many resources, including counseling, that can help faculty and staff when they exhibit behavior that is concerning to others.

### This behavior may include:

- Acting troubled or confused
- Easily angered or upset
- Seeming unusually withdrawn or depressed
- Displaying sudden changes in mood
- Exhibiting concerning or unsafe behavior

### Available Resources:

Faculty and Staff Counseling and Consultation Office (FASCCO) .....	936-8660
Staff Human Resources .....	763-2387
Academic Human Resources .....	763-4551
Compliance Hotline (Anonymous Reporting Option) .....	866-990-0111
Michigan Medicine Office of Counseling and Workplace Resilience .....	763-5409
Michigan Medicine Human Resources Solution Center .....	647-5538, Option 4