



# GRATITUDE CARD

Expressing appreciation creates a better workplace.

**GIVE THANKS!**

TO: \_\_\_\_\_ FROM: \_\_\_\_\_

### I OWE YOU A:

- Coffee/tea
- Joke
- High five
- Healthy snack
- Compliment
- Lunch
- Sincere thank you
- \_\_\_\_\_

### BECAUSE YOU:

- Covered for me
- Made me smile
- Helped me out
- Went above and beyond
- Made it okay
- Are awesome
- Did great work
- \_\_\_\_\_

THANK YOU FOR: \_\_\_\_\_



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THANK YOU FOR: \_\_\_\_\_

**M** | MHEALTHY

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