Fit Test Transition FAO's

Updated 4-28-2023

## Question 1: When should a N-95 respirator be used?

*Response: With COVID-19 numbers continuing to decrease, N-95 masks or PAPR are required for:* 

- Care of patients in airborne precautions.
- Care of patients in special pathogens precautions.

**OCCUPATIONAL HEALTH SERVICES** 

- Symptomatic patients undergoing an Aerosol Generating Procedure (AGP) who have not been tested or have pending COVID-19 testing.
- Patients undergoing bronchoscopy for evaluation of a potential infectious cause including tuberculosis or other respiratory viruses.

The minimum level of PPE required for an AGP in a symptom-free patient that is not in Special Pathogens Precautions is a medical/surgical mask and eye protection.

## Question 2: What if I was fit tested within the last year with the Halyard N-95?

*Response: Employees previously fit with the size small Halyard N-95 will need to be re-fit tested to a comparable N-95 respirator, see question 3 response below. Employees fit with a regular Halyard N-95 can utilize it for respiratory protection but must use a face shield if fluid resistance is needed.* 

### Question 3: Can I continue to use the size small Halyard N-95 I that I was previously fit-tested for?

Response: No, employees previously fit for the size small Halyard N-95, should expect to receive a notification by Monday, May 1<sup>st</sup> that they will need to be re-fit tested to a comparable N-95 respirator as soon as possible based on recommendations from the Food and Drug Administration (FDA). The email will provide information on next steps for the employee which will include completing a new respirator fit testing questionnaire and then scheduling an appointment once cleared.

## Question 4: Do I need a fit test before using the 3M N-95 respirator?

*Response:* Employees who were previously fit for a 3M (8110, 8210, or 1860) N-95 respirator can begin using the respirator without being fit tested as long as:

- They have not experienced a change in body weight (loss or gain) of 10 pounds or more.
- They have not had any changes to facial structure including but not limited to facial scarring, facial surgeries, or dental work.
- They have not experienced any other changes that may affect the fit of the mask.

*If an employee has experienced any of these changes or has not previously been fit-tested for a 3M N-95 respirator, they will need to be fit-tested prior to using the 3M respirator.* 

### Question 5: How do I know if I was previously fit with the 3M N-95?

*Response: If an employee is unsure if they were previously fit tested with a 3M N-95 respirator, they should:* 

- *Refer to this <u>employee tip sheet</u> to check their historical record in Health Rx for respirator clearance.*
- Supervisor can use this <u>supervisor tip sheet</u> for instructions to check the historical record of their direct reports in Health Rx.
- Employees can also contact OHS by sending one email to <u>OccupationalHealth-</u> <u>RN@med.umich.edu</u> to determine their fit test clearance history. Please include your employee ID (UMID) number and first and last name. A reply with further instruction will be provided as quickly as possible.

### Question 6: Where can I get a fit test for the 3M N-95 respirator?

Response: OHS will offer walk-in fit testing at the University Hospital Dining Rooms A & B and at the OHS Clinic located in the Med Inn Building, 3<sup>rd</sup> floor, Room C380, accessible via Elevator 11 through Tuesday, May 2<sup>nd</sup>, 2023. Department and/or unit fit testing clinics will be scheduled in addition to the clinics held in the University Hospital Cafeteria Dining Rooms and the OHS clinic. The current fit test clinic schedule is available on the <u>OHS website</u>.

# Question 7: Do I need to schedule an appointment with Occupational Health Services (OHS) for a N-95 respirator fit test?

Response: During the transition to the 3M N-95 Respirator, fit testing is available for walk-in appointments at OHS and the University Hospital Cafeteria Dining Rooms A & B through Tuesday, May 2<sup>nd</sup>, 2023. Fit testing will be available by appointment only beginning Wednesday, May 3<sup>rd</sup>, 2023. The appointment link for scheduling will be live beginning Tuesday, May 3<sup>rd</sup>.

## Question 8: When will I receive my annual N-95 respirator fit test?

Response: Employees enrolled in the respiratory compliance program will receive an email notification when they are due for their annual fit test. Employees should follow the instructions provided in the email which will include how to complete a new respirator fit testing questionnaire and how to then schedule an appointment once the questionnaire is cleared. Employees should contact OHS at <u>ohsrespiratorcompliance@med.umich.edu</u> with questions regarding fit testing or for enrollment in the respiratory compliance program. Please provide the employee's name and UMID number in the email.

## Question 9: How do I prepare for my N-95 respirator fit test?

Response: Employees should prepare for their fit test by not eating or drinking anything in the 15 minutes prior to the fit test and by having their U-M ID badge available. Employees may need to complete a respiratory questionnaire prior to their fit test.

### Question 10: What if I have facial hair or cannot wear a N-95 respirator for any reason?

Response: In addition to donning a N-95 respirator, team members have the option to use a PAPR. If you choose to do this, please <u>click here</u> and search for Cornerstone Learning course No. SAFE-90280 to take an online training module prior to donning the equipment.

# Question 11: What if I do not work in an area where respirators are required, do I need to be fit tested with a N-95?

Response: No, the minimum level of PPE required for an Aerosol Generating Procedure (AGP) in a symptom-free patient that is not in Special Pathogens Precautions is a medical/surgical mask and eye protection. N-95 masks or PAPR are required for:

- Care of patients in airborne precautions.
- Care of patients in special pathogens precautions.
- Symptomatic patients undergoing an Aerosol Generating Procedure (AGP) who have not been tested or have pending COVID-19 testing.
- Patients undergoing bronchoscopy for evaluation of a potential infectious cause including tuberculosis or other respiratory viruses.