



FACULTY & STAFF COUNSELING
& CONSULTATION OFFICE
UNIVERSITY OF MICHIGAN



We're Here for You

Are you (or someone you know) struggling with a challenge at work or home? Are you feeling anxious or depressed and simply need to talk through how you feel? **If so, we're here to help.**

FASCCO Personal Counseling

- Confidential
- Cost-free
- For Ann Arbor, Dearborn, and Flint Faculty and Staff

Mental and emotional support is here when you need it.

Learn More and Contact FASCCO

fascco.umich.edu | 734-936-8660