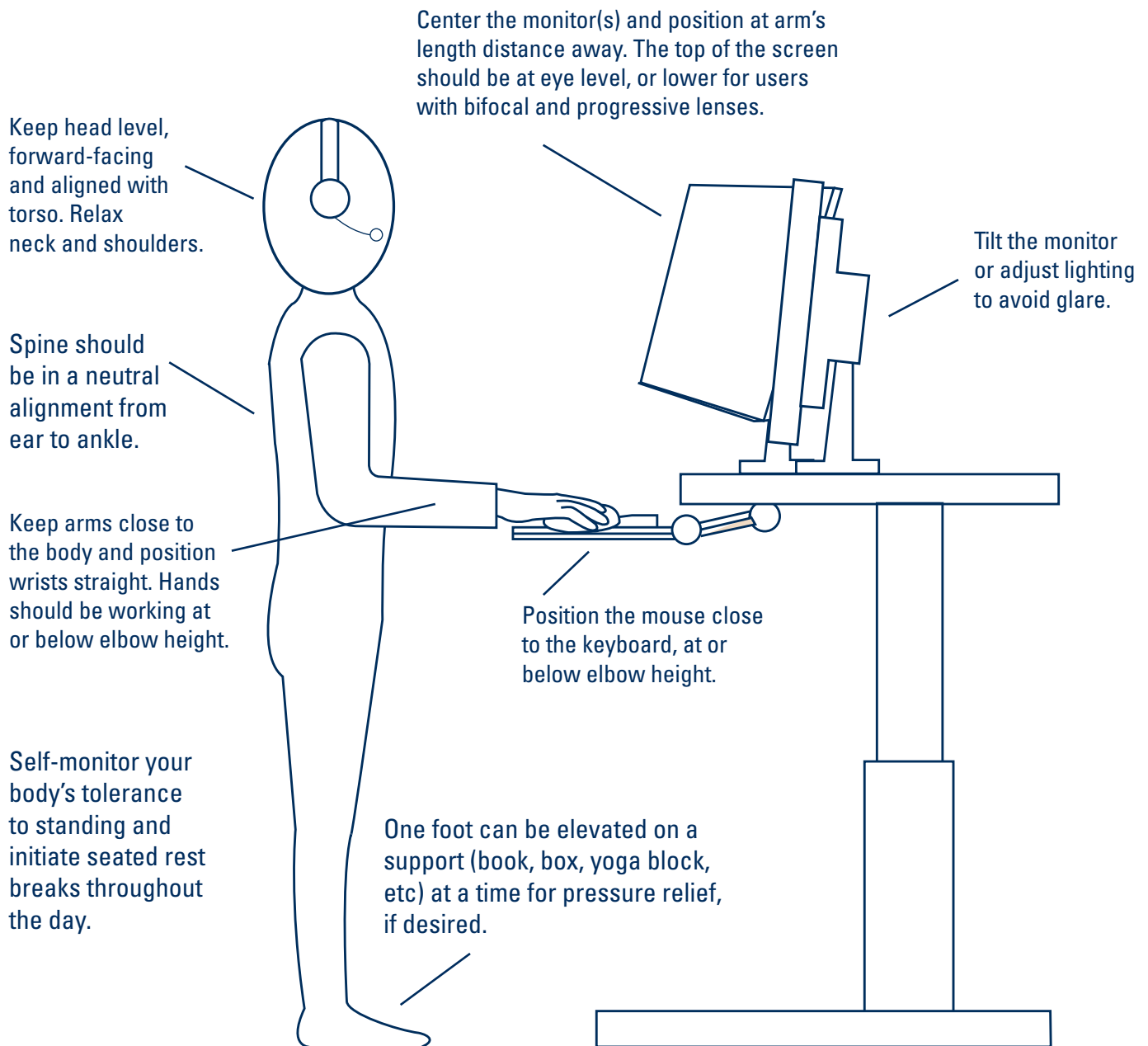


Ergonomic Tips for Standing Workstations



Keep moving throughout the day and avoid sustained standing for prolonged time periods.

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