



COVID Vaccination Recommendations for Pregnancy, Breastfeeding, and People Who May Become Pregnant

The following information is from the Department of Obstetrics and Gynecology. This summarizes what is known about COVID-19 vaccination during pregnancy, while breastfeeding, and for people who may become pregnant.

We have reviewed the available data on the 3 COVID-19 vaccines available in the United States. We have reviewed society and government organization opinions about the use of the vaccine in people who are pregnant, who are breastfeeding, and who may become pregnant. We will continue to review information as it becomes available. Your provider is available to help you make your decision.

During pregnancy

We recommend COVID-19 vaccination during pregnancy.

The science suggests that the benefits to receiving the COVID-19 vaccine are great. Fortunately, most people who get infected with COVID-19 during pregnancy do not experience severe illness.

However, pregnant people with COVID-19 infection do have increased risks of:

- Severe illness
- Intensive Care Unit (ICU) stay
- Needing to go on a ventilator
- Death

Available data suggest that the vaccine is effective when received during pregnancy. There is evidence that when a person is vaccinated during

pregnancy, their newborn may also have some protection from becoming infected with COVID-19. Available data on pregnant people who were vaccinated during pregnancy suggest that it is safe.

Breastfeeding:

COVID-19 vaccination **is recommended** for people who are breastfeeding.

People who intend to become pregnant:

Vaccination **is recommended** for people who intend to become pregnant.

There is no evidence that COVID-19 vaccines cause infertility.

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