1. Start at CCRB. Cross the bridge, cross N. University, and then cross the Diag to the corner of S. University and State St. and turn left on State St.

2. Turn left on Arch St., right on Oakland Ave., left on E. University, right on Hill St., and left on Oxford Rd.

3. Turn right on Geddes Ave., enter Nichol’s Arboretum, and take the main trail to the river. Turn left at the river. Make a hairpin turn up the drive to the hospital, continue past the parking lots to Washington Hts., and turn right on Washington Hts.

4. Turn left on Observatory St., right on N. University Ct., and return to the CCRB.