

Enjoy “A Breath of Fresh Air” at the Law Quad

Join fellow faculty, staff, and students for a special event in the beautiful Law Quad! Enjoy the amazing architecture and experience a wonderful mid-winter nature break that will leave you feeling refreshed and recharged.

“A Breath of Fresh Air”

- Tuesday, February 10, 2026 | 12-12:45 p.m.
- Use this [Google Form to Register](#)
- Meet at the center of the Law Quad (look for “Breath of Fresh Air” signs)

Please note: Wear comfortable attire, appropriate for the weather. If the event is cancelled due to hazardous conditions all those who registered will be notified.



A Breath of Fresh Air Sponsors:
MHealthy, Mental Health Counseling & Consultation Services, Arts Initiative, Matthaei Botanical Gardens and Nichols Arboretum, and the Nature Rx Project Team.



Learn More: Scan the QR Code or Visit
myumi.ch/uhr-Breath-of-Fresh-Air

