Medical School Students Benefits Enrollment Guide

As a Medical Student new to the University of Michigan or newly eligible for U-M benefits, this document is designed to help you find the information you need to make your benefits choices and to guide you through the online enrollment process. Please be aware that enrollment for most benefits is not automatic and you will need to enroll within **30 days** or as specified by your collective bargaining agreement if you are part of a union.

**Resources**

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<tr>
<th>U-M Shared Services Center Contact Center – Call for help with benefits or enrollment Monday – Friday, 8:00 a.m. – 5:00 p.m. Eastern Time. SSC is unavailable daily 1 – 2 p.m.</th>
<th>SSC Benefits Transactions – Fax number for submitting benefits forms</th>
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<td><strong>Call:</strong> 5-2000 from the U-M Ann Arbor campus 734-615-2000 (locally) or 866-647-7657 (toll free)</td>
<td>Fax: 734-763-0363</td>
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**Websites**

- **To review benefits information**, including details on U-M benefits plans, options, eligibility, and links to plan books and forms:
  - University Human Resources Website hr.umich.edu/benefits-wellness
- **To view your rates, enroll in benefits**, update your home mailing address and phone numbers, sign up for U-M emergency alerts, view your paycheck, and access other password-protected personal university information:
  - Wolverine Access wolverineaccess.umich.edu

**Key Points:**

1) **You must enroll for most benefits (particularly those health-related) within 30 days of your date of hire, the date you became newly eligible, the date you received notification of eligibility, or whichever is later** or as specified by your collective bargaining agreement if you are a union member. See the Benefits Enrollment Deadlines and Defaults document at hr.umich.edu/sites/default/files/benefits-enrollment-deadlines.pdf.

   **Enrollment for most benefits is NOT automatic.**

2) **Visit the University Human Resources website at hr.umich.edu/benefits-wellness for details on eligibility for you and your dependents and information on the available benefits plans, options, and rates.**

3) **Please set aside time to review your Benefits Enrollment and Eligibility at hr.umich.edu/benefits-eligibility.**

4) **Once enrolled online, your health benefits are retroactive to the date of hire or date of eligibility and remain in effect until December 31** (as long as you remain eligible). Compare options carefully; the next opportunity to choose differently will be during the next Open Enrollment event unless you experience a qualified family status change. See hr.umich.edu/changing-your-benefits for details.
# Quick Guide to U-M Benefits Plans

Following is the benefits plan U-M currently offers to Medical Students and the enrollment steps. Your eligibility is based on your job/career family or benefit group, your appointment percentage, and the duration of your appointment. To see the plans for which you and your dependents are eligible and your monthly rates, see the University Human Resources website at [hr.umich.edu/benefits-wellness](http://hr.umich.edu/benefits-wellness). **Enrollment for most benefits is NOT automatic.** Benefits are subject to change.

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<th>Fast Facts</th>
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<td>Health Plan</td>
<td>GradCare.</td>
<td>Enroll online through Wolverine Access/Self Service within 30 days of hire or benefits eligibility.*</td>
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<td>Prescription Drug Plan</td>
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<td>Vision</td>
<td>Exam, eyeglasses and/or contact lens coverage.</td>
<td>Enroll online through Wolverine Access Benefits Self-Service within 30 days of hire or benefits eligibility.*</td>
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<td>Davis Vision by MetLife Plan</td>
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<tr>
<td>Legal</td>
<td>General legal services for you and your family.</td>
<td>Enroll online through Wolverine Access Benefits Self-Service within 30 days of hire or benefits eligibility.*</td>
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<tr>
<td>MetLife Legal Plan</td>
<td></td>
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<tr>
<td>Dental</td>
<td>Three plan options available. Choose Option 1, Option 2, or Option 3.</td>
<td>Enroll online through Wolverine Access Benefits Self-Service to change option for self and/or enroll dependents within 30 days of hire or benefits eligibility.*</td>
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<tr>
<td>Delta Dental Plan</td>
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* You must enroll for most benefits (particularly those health-related) within 30 days of your date of hire, the date you became newly eligible, the date you received notification of eligibility, or whichever is later or as specified by your collective bargaining agreement if you are a union member.
STEP-BY-STEP Online Enrollment Instructions

- **To identify the benefits plans** and options that best meet your needs and those of your eligible dependents, review options online at [hr.umich.edu/benefits-wellness](http://hr.umich.edu/benefits-wellness).
- **To enroll in benefits plans**, go to Wolverine Access at [wolverineaccess.umich.edu](http://wolverineaccess.umich.edu).

1) Enter **Benefits** in the search bar, and then select **Benefits Self-Service**. Enter your uniqname Login ID and UMICH password. (If you don’t have a uniqname or UMICH password, contact your supervisor.)

2) Click **Log In**, which displays the **Benefits Self Service** page.

3) Click the **UM New Benefits Eligibility** tile.

4) Follow the online instructions to make your benefits selections. Choose each benefit for you and your eligible dependent(s).

   For assistance, click on “help.” or call the **SSC Contact Center** at 5-2000 from the U-M Ann Arbor campus, 734-615-2000 locally or toll-free 866-647-7657 (8:00 a.m. - 5:00 p.m. Eastern Time). SSC is unavailable daily from 1 to 2 p.m.

5) After making an online election, you can view or print your submitted confirmation statement immediately after your elections are submitted. If you are unable to enroll online, call the SSC Contact Center immediately.

NOTES

- **DEADLINES**: To obtain coverage for you and your eligible dependents, you must enroll for most benefits within 30 days of your date of hire, the date you became newly eligible, the date you received notification of eligibility, or whichever is later or as specified by your collective bargaining agreement if you are a union member.

- **LIMITATIONS**: Once you have submitted your benefits elections, or after your enrollment deadline has passed, you will not be able to change health, dental, legal or vision plans, or your FSA, until the next Open Enrollment period, unless you experience a qualified family status change that impacts eligibility for benefits. Open Enrollment is usually in October and new benefits elections go into effect January 1.

- **DUAL U-M FAMILIES**: If two members of a household work at U-M and/or have U-M benefits as a retiree, special conditions may apply. You cannot cover under your U-M benefit plans: (1) Anyone who works for U-M and has his or her own coverage as an employee of U-M; (2) Any eligible dependents who are already covered by another employee of U-M, unless you are court-ordered to provide such coverage; (3) Anyone who is not your legal spouse or eligible dependent; (4) Yourself if you are covered by another U-M employee as a dependent on their benefit plan.

- **WAIVE BENEFITS**: You may elect to waive your U-M benefits. When you waive health coverage you also waive prescription drug coverage. Before you waive your U-M coverage, be sure to read and understand the conditions that may allow you to enroll in a U-M health plan if you should lose your coverage through another employer or group health plan.

- **EFFECTIVE DATE**: All health benefits are retroactive to your date of hire or date of eligibility. Flexible Spending Account enrollments begin the first of the month after the appropriate forms are received by SSC Benefits Transactions. Retirement Savings Plan enrollments generally become effective with the next available paycheck after your enrollment is completed.