

Join us for our virtual Winter Lunch and Learn Series

**Topic: Wellness at the Health System
Learning Coping Skills to Thrive and Be Resilient**

**Tuesday, February 28, 2023
11:00 am - 12:00 pm**

**Intended Audience
All faculty, staff & learners**

**Join Zoom Meeting
<https://umich.zoom.us/j/93771448070>**

**Meeting ID: 937 7144 8070
One tap mobile
+16468769923,,93771448070#**

Sponsored by: Advancing Inclusive Leadership (AIL) Committee

Mission of the AIL Committee:

The Advancing Inclusive Leadership (AIL) Committee is a devoted team of Michigan Medicine faculty and staff who aim to accelerate the leadership journey and career progression of women and underrepresented identities in healthcare and academic medicine. This committee will focus on innovative ways to reduce discrimination, emphasize inclusive leadership skills and competencies throughout the institution. The committee will actively work to identify and report problem areas and possible solutions to the Leadership Development Advisory Group (LDAG) at large.

Statement of Purpose: To assist in the creation of more effective and diverse leadership that values a culture of inclusion

Objectives:

The primary objectives of the AIL Committee are to:

- Identify areas in the health system where there is a need for greater diversity and inclusion, raise awareness of this need, and advocate for interventions.
- Collaborate with institutional programs and initiatives to support the development, recruitment, retention, and advancement of women and underrepresented identity leaders.
- Help to create and advocate for a culture of inclusion, diversity, acceptance, and anti-racism.
- Act in an advisory role to institutional leaders, including but not limited to LDAG, MLT, OHEI, and Faculty Development.



Moderator: Erin Price, Senior Program Manager

Office of Diversity, Equity, & Well-Being Department of Internal Medicine

Erin Price serves as the Senior Program Manager for the Department of Internal Medicine's (DOIM) Office of Diversity, Equity, Inclusion (DEI) & Well-Being. With more than 10 years of experience at UM in various administrative roles, Erin administratively leads strategy development, implementation, and evaluation of initiatives to drive culture change around DEI and well-being for the DOIM faculty, staff, and trainee community. To achieve this charge, Erin provides sound leadership to the IMPOWER (Inspiring Medicine to Promote Opportunities for Well-Being, Diversity, Equity, Diversity & Inclusion) Council, a dynamic, multi-disciplinary team composed of faculty and staff leads from across the DOIM's 13 clinical divisions, the VA, and administrative leadership teams that support culture change initiatives targeting key DEI and well-being priorities.



Panelist: Michael P. Lukela, MD, SFHM, FACP, FAAP

Vice Chair, Diversity, Equity and Well-Being, Department of Medicine, Director, Medicine-Pediatrics Residency Program, Clinical Professor, Internal Medicine and Pediatrics

Dr. Lukela is a Clinical Professor of Internal Medicine and Pediatrics practicing hospital medicine at Michigan Medicine and primary care at the HOPE Clinic, a clinic for the uninsured in Ypsilanti. He is the Director for the combined Medicine-Pediatrics Residency Program, Vice Chair for the Office of Diversity, Equity, Inclusion, and Well-Being in the Department of Internal Medicine, and is deeply involved in both undergraduate (UME) and graduate medical education (GME) at Michigan Medicine. He is a Fellow of the American Academy of Pediatrics and the American College of Physicians, and Senior Fellow in the Society of Hospital Medicine.



Panelist: Kelcey J. Stratton, Ph.D.

Program Manager, Resilience & Well-Being Services & Clinical Assistant Professor, Psychiatry

Kelcey Stratton is a clinical psychologist, the Program Manager for Resilience and Well-Being Services in the Michigan Medicine Office of Counseling and Workplace Resilience, and a Clinical Assistant Professor in Psychiatry. Her work focuses on developing programs and strategies to enhance the well-being for faculty and staff.



Panelist: Karen Schmidt, MPH

Senior Director, MHealthy

Karen Schmidt is the Senior Director for MHealthy where she provides leadership for the health and well-being programs and services for the faculty and staff of the university. MHealthy has won numerous awards that recognize outstanding worksite health promotion and improvement programs including the 2021 C. Everett Koop National Health Award, Michigan's Best and Brightest in Wellness, Healthiest Employers of Southeast Michigan, and the U.S. Healthiest 100 Workplaces in America. Karen has 25 years of experience implementing and evaluating health and well-being programs.