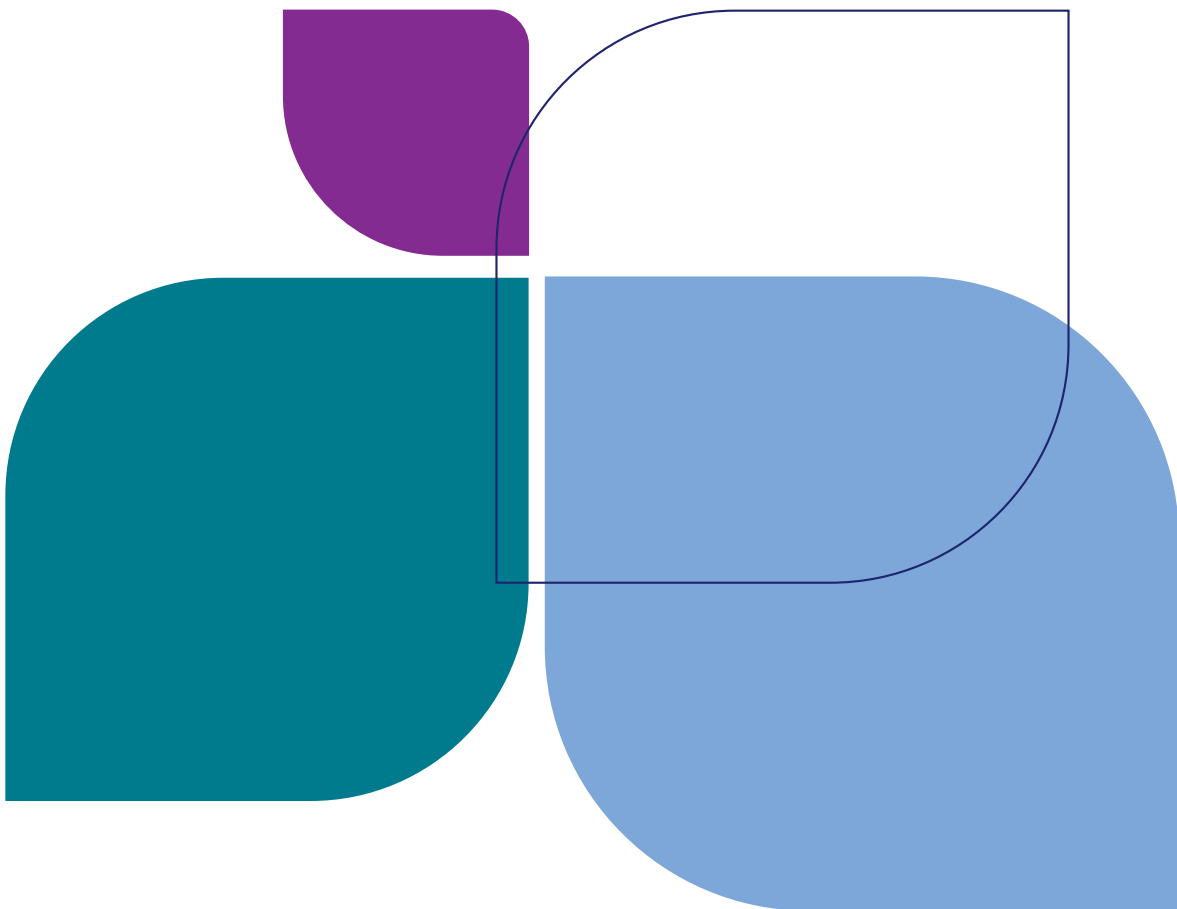


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University of Michigan 2024 prescription drug benefits welcome packet



Contact information

University of Michigan

University of Michigan Benefits Office website: [HR.UMich.edu/Benefits-Wellness](https://hr.umich.edu/Benefits-Wellness)

The U-M Shared Services Center (SSC) Contact Center answers questions about your enrollment in the University of Michigan Prescription Drug Plan. Representatives are available 8 a.m. to 5 p.m. Eastern Time (ET), Monday through Friday.

Phone: Call **734.615.2000** (5-2000 on the Ann Arbor campus) or **866.647.7657** for toll-free, off-campus long-distance calling within the United States. Telecommunications Relay Service (TRS) is available to you. Dial 711 and ask the operator to connect you to the SSC Contact Center.

Your University of Michigan Prescription Drug Plan (“the plan”) is administered by Prime Therapeutics (Prime). Mail order services are handled through Birdi.

Prime Therapeutics

For general information or to request a new ID card	<ul style="list-style-type: none"> • Call Prime toll-free at 888.272.1346. • Visit the Prime website: UMich.PrimeTherapeutics.com.
To locate a network pharmacy, check for covered and excluded drugs or determine your copay and cost-saving options	<ul style="list-style-type: none"> • Call Prime toll-free at 888.272.1346. • Visit the Prime website: UMich.PrimeTherapeutics.com. • Ask your pharmacist.
To request prior authorization (PA), when required	<p>Your physician will need to contact Prime at 888.272.1346 or send a fax to 800.424.7648.</p> <p>Drug-specific PA forms are available at HR.UMich.edu/Drug-Plan-Prior-Authorization.</p>
For appeals	Call Prime toll-free at 888.272.1346 .
To request a claim form for prescriptions filled without your ID card or filled at a non-network pharmacy	<p>Claim form available at HR.UMich.edu/Drug-Plan-Forms-Documents</p> <p>Please read Using non-network pharmacies on Page 3 for further details.</p>

Note: TRS is available for persons who are deaf and hard of hearing by dialing 711.

Birdi – Mail order pharmacy

For general information, to register, to obtain a mail service refill or check the status of your order	<ul style="list-style-type: none">• Visit HR.UMich.edu/MailOrder.• Visit UMich.Birdirx.com, or download the Birdi app (iOS and Android).• Call Birdi toll-free at 877.269.1160 or TRS (dial 711), Monday through Friday 8 a.m. to 8 p.m., Saturday 9 a.m. to 5 p.m. After hours, all phones go to an on-call pharmacist for urgent situations 7 days a week.
Download a Birdi mail service order form	<ul style="list-style-type: none">• Visit UMich.Birdirx.com.• Visit HR.UMich.edu/Mail-Order-Form.
To submit a mail service prescription by mail	Submit the mail service order form and prescription to: Birdi P.O. Box 8004 Novi, MI 48376-8004
Provider contact information	Provider phone: 877.269.1159 Provider fax: 877.395.4836



Your prescription benefits

The University of Michigan Benefits Office is pleased to provide the following information about your 2024 prescription drug plan coverage. Your University of Michigan Prescription Drug Plan (“the plan”) is administered by Prime Therapeutics (Prime). Mail order services are handled through Birdi.

Your enclosed welcome packet includes:

- Two new U-M Prescription Drug Plan ID cards for members with dependents and one card for members with single coverage.
- General information about your prescription drug plan.

Your cost-share information for purchasing prescription drugs (copay and out-of-pocket maximum) is found on the University of Michigan Benefits Office website at **HR.UMich.edu/Prescription-Drug-Plan**, and on the Prime member portal at **UMich.PrimeTherapeutics.com**. You may also call Prime toll-free at **888.272.1346** to ask any questions about your drug plan.

Your new ID cards

Your new ID cards contain your name and member identification number and the names of any dependents you have enrolled for health plan and prescription drug plan coverage. If you need additional prescription drug ID cards for your dependents, please call Prime at **888.272.1346**. Please show this card to your pharmacist on your first pharmacy visit. Your card also allows you to get prescriptions by mail from Birdi.

Participating network pharmacies

To find out if a pharmacy will accept your Prime ID card, call the pharmacy directly. You may also find a list of participating pharmacies by visiting the Prime website at **UMich.PrimeTherapeutics.com** or calling Prime member services at **888.272.1346**. Telecommunications Relay Service (TRS) is available for persons who are deaf and hard of hearing by dialing 711.

Member copays

1-month supply at retail pharmacy	3-month supply at retail pharmacy	3-month supply at Birdi mail order pharmacy
\$10 generic	\$30 generic	\$20 generic
\$20 preferred brand*	\$60 preferred brand*	\$40 preferred brand*
\$75 nonpreferred brand*	\$225 nonpreferred brand*	\$150 nonpreferred brand*

*Cost will be higher if a brand product is selected when a generic equivalent is available.

Notes: 1) Copay rates for active employees represented by a union or bargaining unit can be found in your contract book or at [HR.UMich.edu/Benefits-Wellness](https://hr.umich.edu/benefits-wellness).

2) For most health plans, the annual out-of-pocket maximum for catastrophic prescription drug expenses is \$2500 per individual up to a maximum of \$5000 per family. Consumer Directed Health Plans (CDHP) have shared prescription and medical deductibles and out-of-pocket maximums. Refer to your medical plan documents for additional details. The maximum does not apply to the cost of penalty copays for brands with a generic available or to items not covered by the prescription drug plan.

Using non-network pharmacies

If you have a prescription filled at a non-network pharmacy, you must pay the full cost of the drug and then file a claim with Prime for reimbursement. Claim reimbursement is limited to a 34-day supply at the pharmacy network contracted rate, which may be lower than the cash price you paid. You must submit claim forms within 90 days of the fill date to receive reimbursement. This reimbursement process also applies if you do not present your plan ID card when filling a prescription at a participating pharmacy. If you wish to regularly use an independent pharmacy that is not part of the Prime network, contact Prime to request that the pharmacy be added to the network. For medications purchased while you are outside the United States, please submit a claim form, which is available at [UMich.PrimeTherapeutics.com](https://umich.primetherapeutics.com). Reimbursement claims are limited to a 34-day supply.

Covered drugs

The plan covers most FDA-approved medications that require a written prescription from a person licensed to prescribe. FDA drug approval does not guarantee coverage by the plan. New drugs are subject to review by the University of Michigan before being granted coverage. Certain medications are excluded and others may be limited or require a prior authorization (PA) for coverage.

The list of covered, limited and excluded medications is updated regularly and located on the university's website at [HR.UMich.edu/Formulary](https://hr.umich.edu/formulary).

The plan covers injectable medications only when the FDA deems they can be safely self-administered. Select insulin products (see [HR.Umich.Edu/Formulary](https://hr.umich.edu/formulary)), needles and syringes are covered with \$0 copay for all members. Diabetic supplies (injection devices, alcohol swabs, testing strips, lancets and blood glucose testing monitors) are covered through your University of Michigan health plan coverage.

Certain preventive products are covered by the plan at a \$0 copay under the Affordable Care Act with a written prescription from your health care provider, including some for over-the-counter (OTC) products. Please see [HR.UMich.edu/Coverage-Drug-Information](https://hr.umich.edu/coverage-drug-information) for more information.

Limitations and prior authorization on certain drugs

Certain types of medications require prior approval from the plan or may be subject to limits on the amount of medication that you may receive (number of days' supply, quantity limits, frequency of refills, etc.). If your doctor prescribes any medication that requires prior authorization, or for amounts in excess of supply limits, your physician must contact Prime toll-free at **888.272.1346** to obtain the prior authorization form before the plan considers coverage for the medication. In some cases, your physician may be required to verify the medical necessity of the prescribed drug. Medications requiring prior authorization are updated regularly and are subject to change by the university. Medications that need prior authorization can be found on the University of Michigan Benefits Office website at **HR.UMich.edu/Drug-Plan-Prior-Authorization**.

Prescription refills are not covered by the plan before 75% of the days dispensed have elapsed (26 days for a 34-day supply or 68 days for a 90-day supply).

Savings opportunities

1. Generic or biosimilar drugs: Generic or biosimilar drugs are approved by the U.S. FDA and contain the same active ingredients in the same dosage forms as their brand-name counterparts. These medications meet comparable safety, production and performance standards as the reference product. The use of generic or biosimilar drugs offers a safe and effective alternative that helps reduce prescription drug costs for you and may help avoid substantial increases in health care costs and copays.

2. Retail pharmacy selection: It might surprise you to discover that your cost share for some medications can change based on which pharmacy fills your prescriptions. You always pay the lowest cost — whether it's your copay, the pharmacy contracted rate or the pharmacy standard retail price. To see how your cost share is affected, use the price-a-drug tool — it could put an extra \$20 in your pocket or save you hundreds.

For access to this tool, visit the Prime website: **UMich.PrimeTherapeutics.com**.

3. Mail order pharmacy: When you use Birdi, you will save one copay every three months compared to the cost of filling a prescription at a retail pharmacy. For more information, please refer to the mail order section.

Making informed decisions about medication costs is just one part of being a smart consumer. By adding the Prime member portal resource to your health care team, you'll have the tools to make savvy decisions and the information your providers need readily available. You can access the member portal at **UMich.PrimeTherapeutics.com**.



Maintenance medications and mail order pharmacy savings

If you take any long-term “maintenance medications” for conditions such as high cholesterol, diabetes or high blood pressure, Birdi will save you one copay every three months compared to the cost of filling a prescription at a retail pharmacy.

Please note that mail service should not be used for urgent medications, such as an antibiotic needed immediately, or medications you will use for less than three months.

Mail order and Birdi

The Mail Order Enrollment Form available at [HR.UMich.edu/Mail-Order-Form](https://hr.umich.edu/mail-order-form) is only necessary for first-time orders, including new dependents, or to change current information.

How to start your mail service benefit

Step 1: Enroll

Complete the **Mail Order Enrollment Form** or enroll online through **UMich.Birdirx.com** or the Birdi app from the Apple Store or Google Play.

Step 2: Fill your prescription

Mail the original prescription to Birdi with your enrollment form or have your health care provider send the prescription directly to Birdi. Your provider can send the prescription to Birdi through the following options:

- Provider ePrescribes to Birdi
- Provider faxes **877.395.4836**
- Provider calls **877.269.1159**
- Patient contacts Birdi for help in transferring existing prescriptions to Birdi

Step 3: Complete payment

Make your copay through **UMich.Birdirx.com**, the Birdi app, by phone at **877.269.1160** or by mail. Birdi accepts major credit cards and checks.

How to order refills

Refill orders should be placed two weeks before the medication is needed. Order refills online at **UMich.Birdirx.com**, through the Birdi app or by phone at **877.269.1160** (24-hour automated phone line).

Shipping information

Your prescription order will be shipped to you. For your security, some controlled substances may require a signature at delivery.

Prescriptions cannot legally be mailed from a mail order pharmacy (or any other pharmacy operating within the United States) to locations outside of the United States with the exception of U.S. territories and military installations.

Frequently asked questions about mail order (Birdi)

Mail order pharmacy services save you money and are a convenient way to receive maintenance medications for chronic or long-term health conditions. Here are the answers to some commonly asked questions.

Q: What medications are considered maintenance medications?

A: Any medication that is prescribed to be taken for three months or longer, and not classified as a specialty drug, may be considered a maintenance medication.

Q: How do I check the status of my order?

A: You can view order status information at any time by logging in on the **UMich.Birdirx.com** website or app and clicking on Orders. To check status by phone, contact Birdi Patient Care at **877.269.1160**. You should receive your order within 7 to 10 business days. If you have not received your prescription order within 10 business days from the time the order was placed, be sure to contact Birdi Patient Care.

Q: Why can't I see my spouse's or my child's information through my online account?

A: Because Birdi values your security and privacy, the system identifies registered members by a unique prescription profile and stores each person's prescription medication history in their own secure account.

Q: Can I speak to the pharmacist directly?

A: Yes. Call Birdi Patient Care at **877.269.1160** to take advantage of one-on-one pharmacist consultations or receive answers to your questions. You may also send a question to a pharmacist using the Ask the Pharmacist page on the Birdi website or mobile app.

Q: Do you ensure that medications are maintained at certain temperatures?

A: Yes. Birdi follows strict guidelines when shipping medications that require special handling. Temperature-sensitive medications are shipped using overnight delivery at no additional cost to the member.

Q: How are prescription orders shipped?

A: Orders are shipped free of charge, in secure, confidential and tamper-evident packaging via the U.S. Postal Service or UPS. Schedule II controlled substances require an adult signature upon delivery. Prescriptions can be shipped Next Business Day. If you choose Next Business Day delivery, there is a \$25 additional charge.

Q: How soon will my prescription order arrive?

A: Allow 10 business days from the time you place your order. Next Business Day shipping is available for a \$25 additional charge.

Q: What do I do if I need an emergency prescription?

A: If you have lost or forgotten your medication, contact Birdi Patient Care at **877.269.1160** during normal business hours: Monday through Friday 8 a.m. to 8 p.m., Saturday 9 a.m. to 5 p.m. ET.



Specialty drugs and Michigan Medicine Specialty Pharmacy

A specialty drug is a prescription drug that requires special handling, special administration, special monitoring or has a very high cost. The list of covered specialty drugs is subject to change by the University of Michigan. Specialty drugs are identified on the plan formulary.

Most specialty drugs may be dispensed in quantities up to a 34-day supply and are only available through Michigan Medicine Specialty Pharmacy. Some limited distribution medications require alternative specialty pharmacies to fill. Prescriptions for HIV medications may be dispensed in quantities up to a 90-day supply at either Michigan Medicine Specialty Pharmacy or Birdi mail order.

For specialty medication information, call the Michigan Medicine Specialty Pharmacy at **855.276.3002**, or visit **Specialty-Pharmacy.UofMHealth.org**.

Contacting Michigan Medicine Specialty Pharmacy

Main location

Michigan Medicine Specialty Pharmacy
7300 West Joy Road
Dexter, MI 48130

Phone

Specialty Pharmacy: **855.276.3002**
Transplant Pharmacy: **866.946.7695**
Fax: **734.232.3408**

Hours

Monday through Friday 9 a.m. to 5 p.m., Eastern Time (ET)

Prescription plan exclusions

You can find current updates of plan exclusions at **[HR.UMich.edu/Coverage-Drug-Information](https://hr.umich.edu/Coverage-Drug-Information)**.

The plan does not cover:

- Blood products.
- Diagnostic agents.
- Therapeutic devices, appliances or medical equipment, support garments or ostomy supplies (diabetic syringes are covered under the prescription plan).
- Cosmetic products or any drug used for cosmetic purposes such as treating facial wrinkles or hair loss.
- Drugs that lack substantial evidence of safety and efficacy for the proposed use. These include but are not limited to experimental, investigational, or unproven drugs or drugs being used for indications that have not been approved by the FDA. Exceptions may be considered using the standard appeal process as allowed under the Affordable Care Act.
- Injectable medications, except those listed in this website as covered; injections that must be administered by a health care professional are not covered. Note: Select vaccines may be covered when administered at an immunizing pharmacy.
- In general, new drugs and medicines that have not been reviewed by the plan.

- Prescription products that offer no additional clinical benefit over existing available therapies or existing therapeutically equivalent products in the drug class.
 - Generally, prescription products that are the main active metabolite, the isolated enantiomer, prodrug or an alteration of an existing product where no added clinical benefits have been shown by published, scientific, peer-reviewed, head-to-head comparative studies.
 - Medical foods.
 - Vitamins, other than select prescription prenatal vitamins, vitamin D, vitamin K, injectable B-12 and those specified in the Affordable Care Act.
 - Over-the-counter (OTC) medications, any prescription medication that contains the same active ingredient(s) as an existing OTC medication or kits that are packaged with an OTC medication. Select preventive OTC drugs and products are covered at \$0 copay under the Affordable Care Act with a written prescription by your physician.
 - Compounded prescription medications that do not comply with the plan's compound coverage policy.
- Your University of Michigan health plan coverage may include certain medical equipment and supplies and/or injectables administered by your health care provider.

Privacy and security

The information you provide us is kept confidential in accordance with the Health Insurance Portability and Accountability Act (HIPAA) and other applicable state privacy laws. In addition, we use technology that is designed for use with secure web servers. This technology ensures that your personal, health, prescription and credit card information cannot be accessed when submitted over the internet.

More information

Questions about items covered or excluded by your health plan should be directed to your health plan. Health Care Flexible Spending Account (FSA) reimbursement for some excluded drugs may be available to participants.

The University of Michigan in its sole discretion may modify, amend or terminate the benefits provided in this booklet with respect to any individual receiving benefits, including active faculty and staff members, retirees and their dependents. Although the University of Michigan has elected to provide these benefits for calendar year 2024, no individual has a vested right to any of the benefits provided. Nothing in these materials gives any individual the right to continued benefits beyond the time the university modifies, amends or terminates the benefit. Anyone seeking or accepting any of the benefits provided will be deemed to have accepted the terms of the benefits programs and the University of Michigan's right to modify, amend or terminate them.

The University of Michigan, as an equal opportunity/affirmative action employer, complies with all applicable federal and state laws regarding nondiscrimination and affirmative action. The University of Michigan is committed to a policy of equal opportunity for all persons and does not discriminate on the basis of race, color, national origin, age, marital status, sex, sexual orientation, gender identity, gender expression, disability, religion, height, weight or veteran status in employment, educational programs and activities and admissions. Inquiries or complaints may be addressed to the senior director for Institutional Equity, and Title IX/Section 504/ADA coordinator, Office of Institutional Equity, 2072 Administrative Services Building, Ann Arbor, MI 48109-1432, 734.763.0235, TTY 734.647.1388.