# **U-M Benefits Orientation**





# **INTRODUCTION TO U-M BENEFITS**



# Who Is Eligible for Benefits?

- Benefits eligibility is based on:
  - Your job
  - The number of hours you work
  - The length of your appointment
- You may enroll in coverage for yourself, as well as a spouse or other qualified adult (OQA) and any dependent children (up to age 26).

hr.umich.edu/benefits-eliaibility

#### How Do I Enroll?

- As a new hire, you will enroll online through Wolverine Access > New Hire > Benefits Self-Service for everything except flexible spending accounts.
- Your benefits options will be shown after 8 p.m. on your hire date or after your appointment is processed by your department and entered online; whichever is later.
- As a new hire, you have 30 days to enroll.
- You may enroll in or change elections to retirement savings plans, life insurance or long-term disability at any time.

wolverineaccess.umich.edu

# Can I Change My Benefits Later?

- You are eligible to participate in annual Open Enrollment if your hire date is before mid-October of a calendar year.
- If you are hired any time from mid-October through Dec. 31, your first chance to change your benefit elections will be during Open Enrollment the year after you're hired, unless you experience a qualifying event:
  - Includes changes in legal marital status, number of dependents, employment status, residence or work site, or domestic relations court order

#### **How Much Do Benefits Cost?**

- Monthly rates for certain plans are standard:
  - Dental, vision and legal plans
- Others are based (in part) on your salary:
  - Health, life insurance, and long-term disability plans
- U-M pays a portion of your benefits; you pay the rest through payroll deductions.

#### **How Much Do Benefits Cost?**

- View general rate information on our website.
- View your personal benefit plan rates on Wolverine Access: search for Benefits Self-Service and select the tile; then select the Display Benefit Plan Rate tile.

hr.umich.edu/benefits-rates

wolverineaccess.umich.edu



# Do You and Your Spouse/Other Qualified Adult Both Work at U-M?

- Choose the medical insurance coverage that best meets the needs of you and your dependents at the lowest cost.
- Two adults who work at U-M and have no dependent children could minimize the amount of their employee premium contribution if each person chooses "You Only" coverage.
- When there are two adults and one child or more, the lowest medical premium contribution is achieved when one person chooses "You Only" coverage and the other chooses coverage for "You + Child" or "You + Children."
- Both employees should review their rates by going to Wolverine Access, searching for Benefits Self-Service and selecting the tile, then selecting the Display Benefit Plan Rate tile.



# Payroll Deductions for Benefits

- If you are paid bi-weekly, most deductions are taken from the first two paychecks of each month (24 equal amounts):
  - There are two months with three paychecks
  - No benefit deductions from third check except retirement contributions
- If you are paid monthly, all deductions are taken from every paycheck.

pavroll.umich.edu



# Payroll Deductions for Benefits

Always Pre-Tax:	Always After Tax:
Health Plan	Life Insurance
Dental Plan	Long-Term Disability
Vision Plan	Legal Services Plan
Flexible Spending Account	
Basic Retirement Plan	

### **Choose Pre-Tax or After Tax (Roth):**

403(b) SRA and 457(b) Deferred Compensation



# **HEALTH PLANS**



#### Health Plans Overview

- Choose from 5 health plans
  - Comprehensive Major Medical (CMM)
  - Community Blue PPO
  - Consumer-Directed Health Plan (CDHP) with Health Savings Account (HSA)
  - Michigan Care offered through Dec. 31, 2025
     (Must live in service area)
  - U-M Premier Care (Must live in service area)
- GradCare plan exclusively for grad students
- All plans include prescription drug coverage

hr.umich.edu/health-plans



### Before Choosing a Plan, Consider . . .

- Whether you prefer:
  - Higher monthly premiums with lower out-ofpocket costs (copays, deductibles, coinsurance)
  - Lower monthly premiums with higher out-of-pocket costs
- Access to your preferred doctors and hospitals
- Residency requirements for you and your dependents
- Anticipated health needs over the next year



# **Comparing Health Plans**

CDHP	<ul> <li>Lowest premium cost, higher deductible and out-of-pocket limit</li> <li>\$1,650 individual/\$3,300 family deductible</li> <li>Flexibility to see any provider</li> <li>When you enroll in the CDHP, you're automatically enrolled into an HSA</li> </ul>
CMM	<ul> <li>Low monthly cost, higher out-of-pocket</li> <li>\$500 individual/\$1,000 family deductible</li> <li>Flexibility to see any provider</li> </ul>
PPO	<ul> <li>Higher monthly cost, lower copays in-network</li> <li>Flexibility to see out-of-network providers</li> </ul>
MiCare Offered through Dec. 31, 2025	<ul> <li>Moderate monthly cost, lower copays</li> <li>Primary care physician (PCP) required, referral needed for specialist</li> <li>Narrow provider network, must live in service area</li> </ul>
UMPC	<ul> <li>Moderate monthly cost, low copays</li> <li>PCP required, referral needed for specialist</li> <li>Local provider network, statewide option</li> </ul>



### Benefits Mentor Online Decision Support Tool

- Benefits Mentor can help you compare U-M's Health Plans to select the one that fits your individual needs.
- Benefits Mentor:
  - Is a free, online, interactive tool
  - Uses benchmark data to help you compare
     U-M Health Plans
  - Analyzes info you list as important such as cost,
     physician network and specific benefits to help support your selection of a Health Plan

hr.umich.edu/benefits-mentor



#### Health Plan Resources

 Health plan resources, including a tool to compare for health services offered by the plans and participating provider directories, are available on the HR website: hr.umich.edu > Benefits and Wellness > Health Plans > Health Plan Forms and Documents

hr.umich.edu/health-plan-resources

hr.umich.edu/health-plan-forms-documents



# PRESCRIPTION DRUG PLAN



## U-M Prescription Drug Plan

- Automatic enrollment for all participants enrolled in any U-M health plan.
- Prescription drug ID card arrives from Prime Therapeutics.
- Fill prescriptions at any pharmacy in the Prime Therapeutics network or by mail.
  - Register with Birdi (mail order vendor) even before you need a prescription.

hr.umich.edu/prescription-drug-plan



## Prescription Drug Plan Copays

Drug Type	Copay	
Preventive (Affordable Care Act)	\$0	
Generic	\$10	
Preferred Brand Name	\$20	
Non-Preferred Brand Name	\$75*	

<sup>\*</sup>Plus possible product selection penalty

- No annual deductible or separate premium unless you choose the Consumer-Directed Health Plan (CDHP). With the CDHP, out-of-pocket prescription drug costs count toward the deductible. Once the deductible is met, then copays apply.
- Fill through mail order to save one copay every three months



# **DENTAL PLAN**



#### **Dental Plan**

- Administered by Delta Dental of Michigan (no card)
- Choose Option 1, 2 or 3
- Three things to consider:
  - How much dental work do you think you and your family will need in the coming year?
  - Does your dentist participate with Delta Dental PPO or Premier network?
  - Monthly premium cost vs. out-of-pocket costs

hr.umich.edu/dental-plan



## Diagnostic and Preventive Services

#### All three plan options cover:

- Oral exams twice per calendar year
- Cleanings twice per calendar year
- Emergency treatment to relieve pain
- Bitewing X-rays once per calendar year and full mouth X-rays once in any five-year period
- Orthodontic services at 50% for eligible dependents up to age 19

# Comparing Dental Options: Cost

	Option 1	Option 2	Option 3
Monthly	University pays in full	Moderate	Highest
Premium		premium	premium
Deductible*	No	\$50/person,	\$50/person,
	deductible	\$150/family	\$150/family
Other out-of-pocket costs	None for preventive, highest for basic/major services	Depends on type of service and dentist (PPO = lower)	Lowest

# Comparing Dental Options: Coverage

	Option 1	Option 2	Option 3
Preventive	eventive 100% 100%		100%
Services	coverage	coverage	coverage
Basic	Not	PPO = 100%	100%
Services*	covered	Premier = 60%	coverage
Major	Not	PPO = 50%	50%
Services**	covered	Premier = 40%	coverage
Orthodontia	50% (up to age 19), with \$1,500 lifetime limit		



## Choosing a Dentist

- You can choose any dentist you want:
  - Greatest savings with a Delta PPO provider
  - Some savings with a Delta Premier provider
- Delta PPO and Premier participating dentists won't bill more than Delta's approved amount.
- If you see a non-participating dentist, you will submit claims and pay any difference between the charges and Delta's approved amount.

# **VISION PLAN**



#### Vision Plan

- Administered by Davis Vision by MetLife (no card)
- One eye exam and pair of eyeglasses per year or standard, soft, daily-wear, disposable contacts in lieu of eyeglasses
- Full provider list at Davis Vision by MetLife website
  - Kellogg Eye Center is a participating provider

hr.umich.edu/vision-plan

<u>metlife.com</u>



# **FLEXIBLE SPENDING ACCOUNTS**



# Flexible Spending Accounts (FSA)

- An FSA lets you put money aside before taxes to pay for eligible expenses.
- Three types of accounts:
  - Health Care FSA
  - Limited Purpose FSA: Only for those enrolled in the CDHP
  - Dependent Care FSA
- Administered by Inspira Financial
- Enroll by paper form or eForm, not Wolverine Access

hr.umich.edu/flexible-spending-accounts



#### Health Care FSA

- Set aside pre-tax dollars for out-of-pocket
   health care expenses for you and your eligible
  dependents.
- Use like a debit card or submit claims for reimbursement – keep receipts either way!
- Your entire annual contribution amount is available to use right away.

hr.umich.edu/health-care-fsa

### Limited Purpose FSA

- Available only to employees enrolled in the Consumer-Directed Health Plan (CDHP).
- Just like the Health Care FSA, except it can be used only to pay for vision, dental and orthodontic expenses, such as dental implants, Invisalign orthodontics, adult braces, prescription sunglasses and LASIK surgery.

hr.umich.edu/health-care-fsa



### Dependent Care FSA

- Set aside pre-tax dollars for out-of-pocket dependent day care expenses for your eligible dependents.
- Must keep receipts and submit claims for reimbursement.
- You can be reimbursed only up to the amount that is currently available in your account.

hr.umich.edu/dependent-care-fsa



# Examples of Eligible Expenses

Health Care FSA	
Prescription copays	
Lasik surgery	
Dental expenses	
Doctor's office copays	
Hearing aids	
Mental health care	

Dependent Care FSA
Day care expenses
Private preschool
After-school care
Summer day camps
Care for disabled
dependents

A complete list available on inspirafinancial.com.



#### **FSA Contribution Limits**

# Health Care and Limited Purpose FSA

\$3,200 individual annual maximum

\$120 annual minimum

#### **Dependent Care FSA**

\$5,000 household annual maximum

\$120 annual minimum

- You determine how much to contribute.
- Provides immediate tax savings.
- Dependent Care FSA limit may be affected by several factors.



# FSA Example

Annual Savings Example	Has FSA	No FSA
Annual taxable income	\$28,000	\$28,000
Annual contribution to FSA	(\$1,500)	\$0
Resulting taxable income	\$26,500	\$28,000
Federal taxes and Social Security	(\$9,447)	(\$9,982)
After-tax spending, eligible expenses	\$0	(\$1,500)
Real spendable income	\$17,053	\$16,518
Annual tax savings	\$535	\$0



#### **FSA Considerations**

- "Use it or lose it" rule:
  - Estimate your annual expenses carefully
- Contributions continue through Dec. 31:
  - FSA enrollments do not carry over
  - Must re-enroll each year if you wish to participate
- Grace period for expenses through March 15.
- Submit claims by May 31.
- No mid-year contribution changes without a qualified change in status.

# LIFE INSURANCE



#### Life Insurance

- One university-paid plan plus two additional options for more coverage:
  - University Life Insurance Plan (automatic)
  - Optional Life Insurance
  - Dependent Life Insurance
- Administered by MetLife.
- You must name beneficiaries.

hr.umich.edu/life-insurance



## University Life Insurance

- \$30,000 plan for eligible faculty and staff.
- Covers you only and is paid by the university at no cost to you.
- You are automatically enrolled.
- You must name beneficiaries.



#### Optional Life Insurance

- Options for additional coverage:
  - **-** \$10,000
  - **-** \$50,000
  - 1x salary up to 8x salary
- You must enroll to participate (not automatic):
  - 30 days to enroll without a health statement
  - Coverage of \$650,000 or more always requires a health statement
- Covers simple will preparation.

hr.umich.edu/life-insurance



## Optional Life Insurance Considerations

- Coverage amounts and costs may increase:
  - When your salary increases (if tied to salary)
  - When you move to a higher age bracket
- You may enroll or change your coverage at any time:
  - Health statement may be required.



## Designate Your Beneficiary

- Any person you wish; may add or change at any time.
- Important! Remember to update your beneficiary after life events such as marriage, divorce, birth or adoption of a child.
- Make or change beneficiary designations on MetLife's website.
- Separate process for designating your retirement savings plan beneficiaries (designations do not transfer between plans).

metlife.com/mybenefits



#### Dependent Life Insurance

- You are always the beneficiary.
- Spouse/OQA (health statement required)
   \$10,000, \$25,000, \$50,000 or \$100,000
- Children (no health statement required)
   \$2,000 per child or \$5,000 per child
- One rate covers all eligible children.

hr.umich.edu/dependent-life-insurance



# **LONG-TERM DISABILITY**



## Long-Term Disability

- LTD coverage provides financial protection if you become disabled and can no longer work.
- Plan pays up to 65% of your salary, plus U-M pays to continue your benefits.
- You pay the full cost for two years, then U-M pays the premium for salary up to a median annual salary indexed annually.
- Enroll or change at any time. A health statement may be required.
- You can elect to pay for coverage on salary above the median annual salary.

hr.umich.edu/long-term-disability



# **LEGAL SERVICES PLAN**



#### Legal Services Plan

- Covers wills and estate planning, real estate matters, family law matters, debt defense, defense of civil lawsuits, preparation of legal documents, identity theft protection.
- Administered by MetLife Legal Plans.

hr.umich.edu/legal-services-plan

# **RETIREMENT SAVINGS PLANS**



## Retirement Savings Plan

#### Three savings plan options, no pension or 401K

Enroll or change at any time:

- Basic Retirement Plan:
   403(b) and 401(a) defined contribution plan
- 403(b) Supplemental Retirement Account
- 457(b) Deferred Compensation Plan

#### Two investment companies

- TIAA
- Fidelity Investments

hr.umich.edu/retirement-savings-plans



#### **Basic Retirement Plan**

- Eligible employees receive a 2-for-1 matching contribution.
- You contribute 5%.
- U-M's 10% match begins 12 months after your eligible service date, once you have enrolled.
- Enroll or change your contributions at any time in Wolverine Access.
- Your contributions are pre-tax.

hr.umich.edu/basic-retirement-plan



## **Compulsory Participation**

- Basic Retirement Plan participation becomes compulsory when you are age 35 or older with two years of eligible service and a 100% appointment.
- If you do not enroll, you will be automatically enrolled in the Reduced Benefit Option:
  - U-M contributes 5%
  - You contribute nothing
- You can always choose to enroll as a regular participant and receive the full 2-for-1 match.



#### Access to Basic Retirement Plan Contributions

- Cash withdrawals are available from employee 403(b) amounts for hardship or disability, or at age 59½ or older.
- Former employees may access their contributions and earnings at any age; U-M contributions and earnings at age 55 or older:
  - IRS penalty for withdrawals before 59½ may apply
- Loans are not available.

#### 403(b) Supplemental Retirement Account (SRA)

- Save more for retirement:
  - Up to \$23,500 per year if younger than age 50
  - Up to \$31,000 per year if 50 or older
  - Up to \$34,750 per year if age 60-63
  - Includes 5% 403(b) contribution made to the Basic Retirement Plan
- You decide how much to contribute:
  - No U-M match
  - Save on a pre-tax or after tax (Roth) basis
- Enroll or change your contribution amount at any time in Wolverine Access.



# 457(b) Deferred Compensation Plan

- Save even more for retirement:
  - Up to \$23,500 per year if younger than age 50
  - Up to \$31,000 per year if age 50 or older
  - Up to \$34,750 per year if age 60-63
- You decide how much to contribute:
  - No U-M match
  - Save on a pre-tax or after tax (Roth) basis
- Enroll or change your contribution amount at any time in Wolverine Access.



#### Access to 403(b) SRA and 457(b) Contributions

- 403(b) SRA
  - Withdrawals while employed for hardship or disability, or at age 59½ or older:
    - Former employees may cash out at any age
    - IRS penalty for withdrawals prior to 59½ may apply
- 457(b)
  - Withdrawals while employed at age 59½ or older, or for unforeseeable emergencies:
  - Former employees may cash out at any age
- 403(b) SRA and 457(b) loans are available (with restrictions).



#### **Investment Companies**

- Invest with TIAA or Fidelity, or both.
- Allocate among a wide selection of funds.
- You will receive a welcome packet from TIAA and/or Fidelity within about 30 days of Enrollment.
- Contact TIAA and/or Fidelity to designate your beneficiary:
  - Not the same process as declaring your life insurance beneficiary.



## **Investment Fund Options**

- Default investment options:
  - TIAA Lifecycle Index Fund
  - Fidelity Freedom Index Fund
- Default funds automatically select the right mix of investments for a target retirement date, becoming more conservative over time.
- Contact TIAA or Fidelity to change your investment choices.

# Eligibility to Retire

- Determined by a point system, 80 points to retire.
- Points equal age plus years of continuous eligible service at U-M; need minimum 10 years of service.
- Maximum university contribution for benefits after
   20 years of service; pro-rationed if less than 20 years.
- Health, prescription drug, dental, vision, legal, and life insurance coverage continues, if eligible; some or all of the monthly premiums are paid by the retiree.

hr.umich.edu/retirement-eligibility



## Help with Retirement Savings

#### TIAA

- Phone counseling center: (800) 842-2252
- Local counseling appointments: (800) 732-8353

tiaa.org/umich

#### **Fidelity**

- Phone counseling center: (800) 343-0860
- Local counseling appointments: (800) 642-7131

netbenefits.com/uofm

# HOW TO ENROLL IN BENEFITS



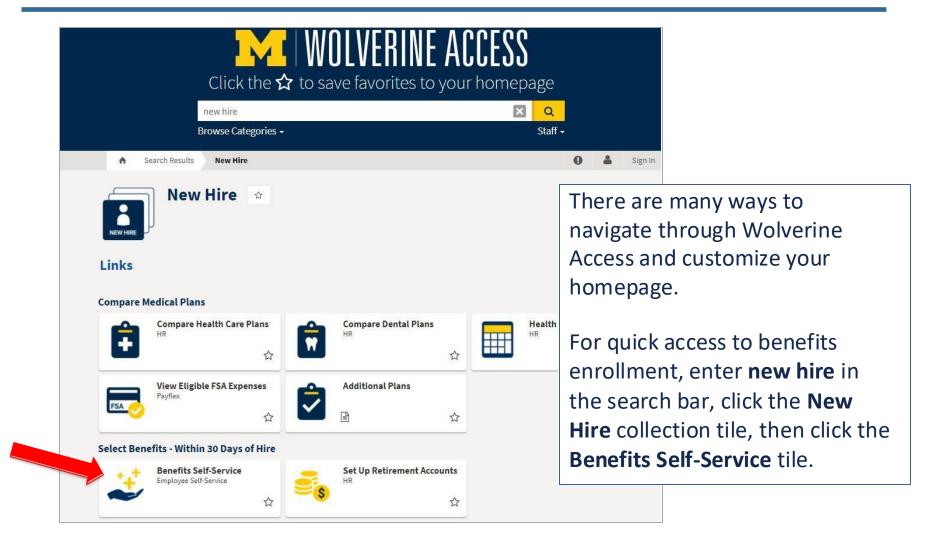
#### How to Enroll in Benefits

You will need a uniquame and UMICH password to log in to Wolverine Access.

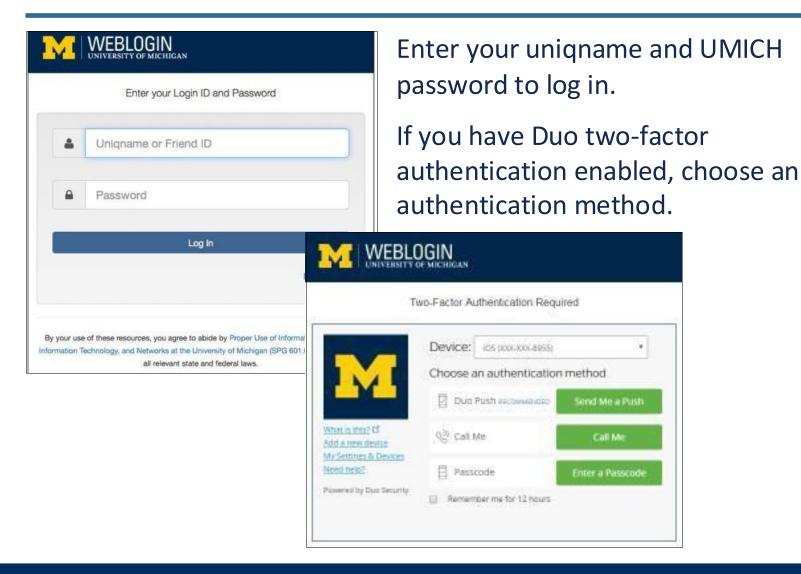
wolverineaccess.umich.edu



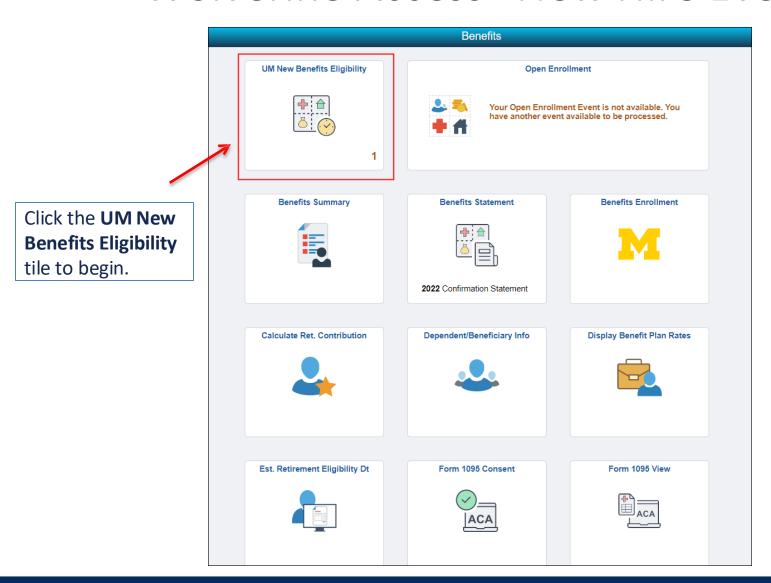
#### **Wolverine Access**



#### **Wolverine Access**



#### Wolverine Access "New Hire Event"





# OTHER BENEFITS AND RESOURCES



## Other Employee Benefits and Resources

- MHealthy
- Work-Life Resource Center
- Faculty and Staff Counseling and Consultation Office (FASCCO)
- Office of Counseling and Workplace Resilience
- Mediation Services
- Emergency Hardship Program

hr.umich.edu



# **CLOSING/REMINDERS**



# Closing/Reminders

- 1. Review information on the UHR website at <a href="https://hr.umich.edu/benefits-wellness.">hr.umich.edu/benefits-wellness.</a>
- Call the Shared Services Center -HR Customer Care at (734) 615-2000 if you have questions.
- 3. Check your benefits summary using the Benefits Self-Service tile on Wolverine Access.
- 4. Review your paycheck deductions.

## Closing/Reminders

- 5. Complete the Flexible Spending Account form and return as instructed on the form.
- 6. Be sure to **read all** U-M communications.
- 7. Emails go to <a href="mailto:uniqname@umich.edu">uniqname@umich.edu</a>
  addresses only. If you have an email address with a prefix (such as <a href="mailto:@med.umich.edu">@med.umich.edu</a>), set up forwarding to <a href="mailto:@umich.edu">@umich.edu</a> through MCommunity.

#### Important Reminders

- 1. If you have a life event, such as marriage, divorce, or a new baby, **update your beneficiaries** with MetLife for life insurance and with TIAA and Fidelity for retirement savings plans.
- 2. If you are a former U-M employee or student, **update your personal information** (name, address, phone numbers) with U-M.
- 3. If you move, **update your address** with U-M, TIAA and Fidelity.

# **CONGRATULATIONS!**



#### Limitations

The University of Michigan in its sole discretion may modify, amend, or terminate the benefits provided with respect to any individual receiving benefits, including active employees, retirees, and their dependents. Although the university has elected to provide these benefits this year, no individual has a vested right to any of the benefits provided. Nothing in these materials gives any individual the right to continued benefits beyond the time the university modifies, amends, or terminates the benefit. Anyone seeking or accepting any of the benefits provided will be deemed to have accepted the terms of the benefits programs and the university's right to modify, amend, or terminate them. Every effort has been made to ensure the accuracy of the benefits information in this site. However, if any provision on the benefits plans is unclear or ambiguous, the Benefits Office reserves the right to interpret the plan and resolve the problem. If any inconsistency exists between this site and the written plans or contracts, the actual provisions of each benefit plan will govern.

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