

A nonprofit corporation and independent licensee of the Blue Cross and Blue Shield Association

## UNIVERSITY OF MICHIGAN COMPREHENSIVE MAJOR MEDICAL (CMM)

Effective Date: 01/01/2025

Benefits-at-a-glance

This is intended as an easy-to-read summary and provides only a general overview of your benefits. It is not a contract. Additional limitations and exclusions may apply. Payment amounts are based on BCBSM's approved amount, less any applicable deductible and/or copay. For a complete description of benefits please see the applicable BCBSM certificates and riders, if your group is underwritten. If your group is self-funded, please see any other plan documents your group uses. If there is a discrepancy between this Benefits-at-a-Glance and any applicable plan document, the plan document will control.

**Prior authorization for Select Services** - Services listed in this BAAG are covered when provided in accordance with Certificate requirements and, when required, receive prior authorization or approved by BCBSM except in an emergency.

Note: A list of services that require approval before they are provided is available online at bcbsm.com/importantinfo. Select Approving covered services.

Pricing information for various procedures by in-network providers can be obtained by calling the customer service number listed on the back of your BCBSM ID card and providing the procedure code. Your provider can also provide this information upon request.

**Prior authorization for Specialty Pharmaceuticals** - BCBSM will pay for FDA-approved specialty pharmaceuticals that meet BCBSM's medical policy criteria for treatment of the condition. The prescribing physician must contact BCBSM to request prior authorization of the drugs. **If prior authorization is not sought, BCBSM will deny the claim and all charges will be the member's responsibility**.

Specialty pharmaceuticals are biotech drugs including high cost infused, injectable, oral and other drugs related to specialty disease categories or other categories. BCBSM determines which specific drugs are payable. This may include medications to treat asthma, rheumatoid arthritis, multiple sclerosis, and many other diseases as well as chemotherapy drugs used in the treatment of cancer, but excludes injectable insulin.

Blue Cross provides administrative claims services only. Your employer or plan sponsor is financially responsible for claims.

ADM HCR-RXOC;ADM PLANYR JAN;ASCMOD 11156MED;CMM ASC;CMM OLV ASC;CMM-AMB-CC ASC;CMM-CC ASC;CMM-CR 20% ASC;CMM-D \$500 ASC;CMM-DPP-ASC;CMM-OPM 3K/6K A;CMM-VSTM ASC;DC 26-ME ASC;DP-SOG ASC;EBMT ASC;HC (A) ASC;TRV-LDG ASC

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Eligibility Information	
Member	Eligibility Criteria
Dependents	<ul> <li>Subscriber's legal spouse, same or opposite gender domestic partner eligible for coverage under the subscriber's contract</li> <li>Dependent children: related to you by birth, marriage, legal adoption or legal guardianship, including eligible children of your same or opposite gender domestic partner; eligible for coverage through the last day of the month the dependent turns age 26.</li> </ul>

## Member's responsibility (deductibles, copays and dollar maximums)

**Note:** If you receive care from a nonparticipating provider, even when referred, you may be billed for the difference between our approved amount and the provider's charge.

Benefits	Coverage
Deductibles	\$500 for one member, \$1,000 for a family (when two or more members are covered under your contract) each calendar year
Flat-dollar copays	None
Coinsurance amounts (percent copays)	<ul> <li>30% of approved amount for private duty nursing</li> <li>20% of approved amount for most other covered services</li> </ul>
<b>Note:</b> Coinsurance amounts apply once the deductible has been met.	
<b>Annual out-of-pocket maximums</b> -applies to coinsurance amounts for all covered services - including mental health and substance use disorder services - but does not apply to private duty nursing coinsurance amounts.	\$3,000 for one member, \$6,000 for a family (when two or more members are covered under your contract) each calendar year
Lifetime dollar maximum	\$20,000 for Infertility treatment per contract

Preventive care services	
Benefits	Coverage
Health maintenance exam - includes chest x-ray, EKG, cholesterol screening and other select lab procedures	100% (no deductible or copay/coinsurance), one per member per calendar year
	<b>Note:</b> Additional well-women visits may be allowed based on medical necessity.
Gynecological exam	100% (no deductible or copay/coinsurance), two per member per calendar year
	<b>Note:</b> Additional well-women visits may be allowed based on medical necessity.
Pap smear screening-laboratory and pathology services	100% (no deductible or copay/coinsurance), one per member per calendar year
Voluntary sterilization of female reproductive organs	100% (no deductible or copay/coinsurance)
Prescription contraceptive devices-includes insertion and removal of an intrauterine device by a licensed physician	100% (no deductible or copay/coinsurance)
Contraceptive injections	100% (no deductible or copay/coinsurance)
Well-baby and Well-child visits  8 visits, birth through 12 months 6 visits, 13 months through 23 months 6 visits, 24 months through 35 months 2 visits, 36 months through 47 months Visits beyond 47 months are limited to one per member per calendar year under the health maintenance exam benefit	100% (no deductible or copay/coinsurance)

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Benefits	Coverage
Adult and childhood preventive services and immunizations as recommended by the USPSTF, ACIP, HRSA or other sources as recognized by BCBSM that are in compliance with the provisions of the Patient Protection and Affordable Care Act	100% (no deductible or copay/coinsurance)
Fecal occult blood screening	100% (no deductible or copay/coinsurance), one per member per calendar year
Flexible sigmoidoscopy exam	100% (no deductible or copay/coinsurance), one per member per calendar year
Prostate specific antigen (PSA) screening	100% (no deductible or copay/coinsurance), one per member per calendar year
Routine mammogram and related reading	100% (no deductible or copay/coinsurance), one per member per calendar year  Note: Subsequent medically necessary mammograms performed during the same calendar year are subject to your deductible and coinsurance, if applicable.
Colonoscopy - routine or medically necessary	100% (no deductible or copay/coinsurance) for the first billed colonoscopy, one per member per calendar year  Note: Subsequent colonoscopies performed during the same calendar year are subject to your deductible and coinsurance, if applicable.

Physician office services	
Benefits	Coverage
Office visits	80% after deductible
Online visits - by physician or <b>BCBSM</b> selected vendor must be medically necessary	80% after deductible
<b>Note:</b> Online visits by a non-BCBSM selected vendor are not covered. Not all services delivered virtually are considered an online visit, but may be considered telemedicine. Telemedicine services will be subject to the applicable cost share associated with the service provided.	
Outpatient and home medical care visits	80% after deductible
Office consultations	80% after deductible

Emergency medical care	
Benefits	Coverage
Hospital emergency room	80% after deductible
Ambulance services-must be medically necessary	80% after deductible

Diagnostic services	
Benefits	Coverage
Laboratory and pathology services	80% after deductible
Diagnostic tests and x-rays	80% after deductible
Therapeutic radiology	80% after deductible

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Maternity services provided by a physician or certified nurse midwife	
Benefits	Coverage
Prenatal care visits	100% (no deductible or copay/coinsurance)
Postnatal care	100% (no deductible or copay/coinsurance)
Delivery and nursery care	80% after deductible

Hospital care	
Benefits	Coverage
Semiprivate room, inpatient physician care, general nursing care, hospital services and supplies  Note: Nonemergency services must be rendered in a participating hospital.	80% after deductible, unlimited days
Inpatient consultations	80% after deductible
Chemotherapy	80% after deductible

Alternatives to hospital care	
Benefits	Coverage
Skilled nursing care-must be in a <b>participating</b> skilled nursing facility	80% after deductible, limited to 120 days per member per calendar year
Hospice care	100% (no deductible or copay/coinsurance) Up to 28 pre-hospice counseling visits before electing hospice services; when elected, four 90-day periods - provided through a <b>participating</b> hospice program <b>only</b> ; limited to dollar maximum that is reviewed and adjusted periodically (after reaching dollar maximum, member transitions into individual case management). There is a fifth level of 45-days per lifetime that requires prior authorization.
Home health care:  • must be medically necessary  • must be provided by a <b>participating</b> home health care agency	80% after deductible
Home health aide - when provided by the University of Michigan medical students for members who are C5 level quadriplegic	100% (no deductible or copay/coinsurance)
Infusion therapy:  • must be medically necessary  • must be given by a participating Home Infusion Therapy (HIT) provider or in a participating freestanding Ambulatory Infusion Center (AIC)  • may use drugs that require prior authorization-consult with your doctor	80% after deductible

Surgical services	
Benefits	Coverage
Surgery-includes related surgical services and medically necessary facility services by a <b>participating</b> ambulatory surgery facility	80% after deductible
Presurgical consultations	100% (no deductible or copay/coinsurance)
Voluntary sterilization of male reproductive organs	80% after deductible
<b>Note:</b> For voluntary sterilization of female reproductive organs, see "Preventive care services."	

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Benefits	Coverage
Expanded Abortion Services	80% after deductible
<b>Note:</b> Abortions are not covered if rendered in a location where abortions are not legal.	
Radial keratotomy surgery and related anesthesia - professional charges only	Not covered
Gender reassignment and gender affirming procedures	80% after deductible
<b>Note:</b> Certain gender affirming services are payable by participating providers. Please see plan modification for further information.	

Human organ transplants		
Benefits	Coverage	
Specified human organ transplants-must be in a <b>designated</b> facility and coordinated through the BCBSM Human Organ Transplant Program (1-800-242-3504)	100% (no deductible or copay/coinsurance)	
Bone marrow transplants-must be coordinated through the BCBSM Human Organ Transplant Program (1-800-242-3504)	80% after deductible	
Experimental bone marrow transplants-must be in a designated facility and coordinated through the BCBSM Human Organ Transplant Program (1-800-242-3504)	80% after deductible	
Kidney, cornea and skin transplants	80% after deductible	

Behavioral Health Services (Mental Health and Substance Use Disorder)		
Benefits	Coverage	
Inpatient mental health care and inpatient substance use disorder treatment	80% after deductible, unlimited days	
Residential psychiatric treatment facility:  covered mental health services must be performed in a residential psychiatric treatment facility  treatment requires prior authorization  subject to medical criteria	80% after deductible	
Outpatient mental health care	80% after deductible	
Online visits  Note: Online visits by a non-BCBSM selected vendor are not covered.	80% after deductible	
Outpatient substance use disorder treatment-in approved facilities only	80% after deductible	

Autism spectrum disorders, diagnoses and treatment		
Benefits	Coverage	
Applied behavior analysis (ABA) treatment - subject to prior authorization  Note: Prior to seeking ABA treatment, the member must be evaluated by an	80% after deductible	
interdisciplinary team including, but not limited to, a physician, behavioral health specialist, and a speech and language specialist for the services to be authorized. This interdisciplinary evaluation can be performed at an approved autism evaluation center (AAEC).		
Outpatient physical therapy, speech therapy and occupational therapy for autism spectrum disorder	80% after deductible	

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Benefits	Coverage
Other covered services, including nutritional counseling and mental health services, for autism spectrum disorder	80% after deductible

Outpatient Diabetes Management Program (ODMP)  Note: Screening services required under the provisions of PPACA are covered at 100% (no deductible or copay/coinsurance) for diabetes medical supplies at 100% for approved amount with no cost-sharing when rendered by a participating provider.  Note: When you purchase your diabetic supplies via mail order you will lower your out-of-pocket costs.  Allergy testing and therapy  Chiropractic spinal manipulation and osteopathic manipulative therapy member per calendar year  Outpatient physical, speech and occupational therapy- provided for rehabilitation  Durable medical equipment  Note: DME items required under the preventive benefit provisions of PPACA are covered at 100% of approved amount with no in-network cost-sharing when rendered by an in-network provider. For a list of preventive DME items that PPACA requires to be covered at 100%, call BCBSM.  Prosthetic and orthotic appliances  Private duty nursing  Treatment of infertility - IVF and fertility preservation services  Note: Covered treatment procedures are payable only when rendered by the UMHS Center for Reproductive Medicine.  Note: Additional restrictions apply  Routine eye examination - one per member, per calendar year  Nutritional counseling when performed to treat the following conditions: annorexia nervosa, bullmia nervosa and eating disorder not otherwise specified	Other covered services	
Note: Screening services required under the provisions of PPACA are covered at 100% of approved amount with no cost-sharing when rendered by a participating provider.  Note: When you purchase your diabetic supplies via mail order you will lower your out-of-pocket costs.  Allergy testing and therapy  Chiropractic spinal manipulation and osteopathic manipulative therapy  Chiropractic spinal manipulation and osteopathic manipulative therapy  Chiropractic spinal manipulation and occupational therapy- provided for rehabilitation  Durable medical equipment  Note: DME items required under the preventive benefit provisions of PPACA are covered at 100% of approved amount with no in-network cost-sharing when rendered by an in-network provider. For a list of preventive DME items that PPACA requires to be covered at 100%, call BCBSM.  Prosthetic and orthotic appliances  Private duty nursing  Treatment of infertility - IVF and fertility preservation services  Note: Covered treatment procedures are payable only when rendered by the UMHS Center for Reproductive Medicine.  Note: Covered treatment procedures are payable only when rendered by the UMHS Center for Reproductive Medicine.  Note: Additional restrictions apply  Routine eye examination - one per member, per calendar year  Nutritional counseling when performed to treat the following conditions: an orexia nervosa, bullmia nervosa and eating disorder not otherwise specified	Benefits	Coverage
Chiropractic spinal manipulation and osteopathic manipulative therapy  Chiropractic spinal manipulation and osteopathic manipulative therapy  Durbatient physical, speech and occupational therapy- provided for member per calendar year  80% after deductible, unlimited treatment  80% after deductible  Note: DME items required under the preventive benefit provisions of PPACA are covered at 100% of approved amount with no in-network cost-sharing when rendered by an in-network provider. For a list of preventive DME items that PPACA requires to be covered at 100%, call BCBSM.  Prosthetic and orthotic appliances  80% after deductible  70% after deductible  80% after deductible, limited to \$20,000 lifetime maximum per contraction of infertility - IVF and fertility preservation services  80% after deductible, limited to \$20,000 lifetime maximum per contraction.  80% after deductible, limited to \$20,000 lifetime maximum per contraction.  80% after deductible, limited to \$20,000 lifetime maximum per contraction.  80% after deductible, limited to \$20,000 lifetime maximum per contraction.	Outpatient Diabetes Management Program (ODMP)  Note: Screening services required under the provisions of PPACA are covered at 100% of approved amount with no cost-sharing when rendered by a participating provider.  Note: When you purchase your diabetic supplies via mail order you will lower your out-of-pocket costs.	supplies • 100% (no deductible or copay/coinsurance) for diabetes self-
member per calendar year  Outpatient physical, speech and occupational therapy- provided for rehabilitation  Burable medical equipment  Note: DME items required under the preventive benefit provisions of PPACA are covered at 100% of approved amount with no in-network cost-sharing when rendered by an in-network provider. For a list of preventive DME items that PPACA requires to be covered at 100%, call BCBSM.  Prosthetic and orthotic appliances  Private duty nursing  70% after deductible  Treatment of infertility - IVF and fertility preservation services  Note: Covered treatment procedures are payable only when rendered by the UMHS Center for Reproductive Medicine.  Note: Additional restrictions apply  Routine eye examination - one per member, per calendar year  Nutritional counseling when performed to treat the following conditions: anorexia nervosa, bulimia nervosa and eating disorder not otherwise specified	Allergy testing and therapy	80% after deductible
Purable medical equipment  Note: DME items required under the preventive benefit provisions of PPACA are covered at 100% of approved amount with no in-network cost-sharing when rendered by an in-network provider. For a list of preventive DME items that PPACA requires to be covered at 100%, call BCBSM.  Prosthetic and orthotic appliances  Private duty nursing  70% after deductible  Treatment of infertility - IVF and fertility preservation services  Note: Covered treatment procedures are payable only when rendered by the UMHS Center for Reproductive Medicine.  Note: Additional restrictions apply  Routine eye examination - one per member, per calendar year  Nutritional counseling when performed to treat the following conditions: anorexia nervosa, bulimia nervosa and eating disorder not otherwise specified	Chiropractic spinal manipulation and osteopathic manipulative therapy	
Note: DME items required under the preventive benefit provisions of PPACA are covered at 100% of approved amount with no in-network cost-sharing when rendered by an in-network provider. For a list of preventive DME items that PPACA requires to be covered at 100%, call BCBSM.  Prosthetic and orthotic appliances  Private duty nursing  Treatment of infertility - IVF and fertility preservation services  Note: Covered treatment procedures are payable only when rendered by the UMHS Center for Reproductive Medicine.  Note: Additional restrictions apply  Routine eye examination - one per member, per calendar year  Nutritional counseling when performed to treat the following conditions: anorexia nervosa, bulimia nervosa and eating disorder not otherwise specified	Outpatient physical, speech and occupational therapy- provided for rehabilitation	80% after deductible, unlimited treatment
Private duty nursing  70% after deductible  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime maximum per contract  80% after deductible, limited to \$20,000 lifetime per lifetime per lifetime per lifetime per lifetime per lifetime per lifetime pe	Note: DME items required under the preventive benefit provisions of PPACA are covered at 100% of approved amount with no in-network cost-sharing when rendered by an in-network provider. For a list of preventive DME items that PPACA requires to be covered at 100%, call BCBSM.	
Treatment of infertility - IVF and fertility preservation services  Note: Covered treatment procedures are payable only when rendered by the UMHS Center for Reproductive Medicine.  Note: Additional restrictions apply  Routine eye examination - one per member, per calendar year  Nutritional counseling when performed to treat the following conditions: anorexia nervosa, bulimia nervosa and eating disorder not otherwise specified  80% after deductible, limited to \$20,000 lifetime maximum per contract to \$20,000 lifetime maximum	Prosthetic and orthotic appliances	80% after deductible
Note: Covered treatment procedures are payable only when rendered by the UMHS Center for Reproductive Medicine.  Note: Additional restrictions apply  Routine eye examination - one per member, per calendar year  Nutritional counseling when performed to treat the following conditions: anorexia nervosa, bulimia nervosa and eating disorder not otherwise specified  80% after deductible	Private duty nursing	70% after deductible
Nutritional counseling when performed to treat the following conditions: anorexia nervosa, bulimia nervosa and eating disorder not otherwise specified	Treatment of infertility - IVF and fertility preservation services  Note: Covered treatment procedures are payable only when rendered by the UMHS Center for Reproductive Medicine.  Note: Additional restrictions apply	80% after deductible, limited to \$20,000 lifetime maximum per contract
anorexia nervosa, bulimia nervosa and eating disorder not otherwise specified	Routine eye examination - one per member, per calendar year	100% (no deductible), one exam per member per calendar year
Prescription drugs Not covered	Nutritional counseling when performed to treat the following conditions: anorexia nervosa, bulimia nervosa and eating disorder not otherwise specified	80% after deductible
	Prescription drugs	Not covered

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## UNIVERSITY OF MICHIGAN HEARING CARE COVERAGE Effective Date: 01/012025 Benefits-at-a-glance

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Member's responsibility (deductible and copay)		
Benefits	Participating provider	Nonparticipating provider
Deductible	None	Not applicable
Copay	None	Not applicable

## **Covered services**

You **must** receive the following services from **a hearing participating provider**. Hearing care services are **not** covered when performed by nonparticipating providers unless the services are performed outside of Michigan <u>and</u> the local Blue Cross and Blue Shield plan does **not** contract with providers for hearing care services. In this case, BCBSM will pay the approved amount for hearing aids and related covered services obtained from a nonparticipating provider. You may be responsible for charges that exceed our approved amount.

If you select a digitally controlled programmable hearing device, you may be responsible for charges that exceed the cost of a covered hearing aid.

Benefits	Participating provider	Nonparticipating provider
Audiometric exam - one every 36 months	100% of approved amount	Not covered
Hearing aid evaluation- one every 36 months	100% of approved amount	Not covered
Ordering and fitting the hearing aid (a monaural or binaural hearing aid) - one every 36 months	100% of approved amount	Not covered
Hearing aid conformity test- one every 36 months	100% of approved amount	Not covered

Note: You must obtain a medical evaluation (sometimes called a medical clearance exam) of the ear performed by a physician-specialist before you receive your hearing aid. If a physician-specialist is not accessible, your primary care doctor may perform the medical evaluation. This evaluation is not covered under your hearing care coverage, so you must pay for this exam unless your medical coverage includes coverage for office visits.

A physician-specialist is a licensed doctor of medicine or osteopathy who is also board certified or in the process of being board certified as an otolaryngologist. A physician-specialist determines whether a patient has a hearing loss and whether such loss can be offset by a hearing aid.

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