



A nonprofit corporation and independent licensee
of the Blue Cross and Blue Shield Association

UNIVERSITY OF MICHIGAN

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Effective Date: 01/01/2017

This is intended as an easy-to-read summary and provides only a general overview of your benefits. It is not a contract. Additional limitations and exclusions may apply. Payment amounts are based on BCBSM's approved amount, less any applicable deductible and/or copay/coinsurance. For a complete description of benefits please see the applicable BCBSM certificates and riders, if your group is underwritten or any other plan documents your group uses, if your group is self-funded. If there is a discrepancy between this Benefits-at-a-Glance and any applicable plan document, the plan document will control.

Preauthorization for Select Services - Services listed in this BAAG are covered when provided in accordance with Certificate requirements and, when required, are preauthorized or approved by BCBSM except in an emergency

Note: A list of services that require approval **before** they are provided is available online at bcbsm.com/importantinfo. Select **Approving covered services**.

Pricing information for various procedures by in-network providers can be obtained by calling the customer service number listed on the back of your BCBSM ID card and providing the procedure code. Your provider can also provide this information upon request.

Preauthorization for Specialty Pharmaceuticals - BCBSM will pay for FDA-approved specialty pharmaceuticals that meet BCBSM's medical policy criteria for treatment of the condition. The prescribing physician must contact BCBSM to request preauthorization of the drugs. **If preauthorization is not sought, BCBSM will deny the claim and all charges will be the member's responsibility.**

Specialty pharmaceuticals are biotech drugs including high cost infused, injectable, oral and other drugs related to specialty disease categories or other categories. BCBSM determines which specific drugs are payable. This may include medications to treat asthma, rheumatoid arthritis, multiple sclerosis, and many other disease as well as chemotherapy drugs used in the treatment of cancer, but excludes injectable insulin.

Blue Cross provides administrative claims services only. Your employer or plan sponsor is financially responsible for claims.

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Eligibility Information

Member

Eligibility Criteria

Dependents

- Subscriber's legal spouse or same gender domestic partner eligible for coverage under the subscriber's contract
- Dependent children:** related to you by birth, marriage, legal adoption or legal guardianship, including eligible children of your same gender domestic partner; eligible for coverage through the last day of the month the dependent turns age 26

Member's responsibility (deductibles, copays and dollar maximums)

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Benefits

Coverage

Deductibles

\$500 for one member,
\$1,000 for a family (when two or more members are covered under your contract) each calendar year

Flat-dollar copays

None

Coinsurance amounts (percent copays)

- 50% of approved amount for private duty nursing
- 20% of approved amount for most other covered services

Note: Coinsurance amounts apply once the deductible has been met.

Annual out-of-pocket maximums-applies to copays for all covered services - including mental health and substance abuse services - but does not apply to fixed dollar copays and private duty nursing percent copays

\$3,000 for one member,
\$6,000 for a family (when two or more members are covered under your contract) each calendar year

Lifetime dollar maximum

\$20,000 for Infertility treatment

Preventive care services

Benefits

Coverage

Health maintenance exam - includes chest x-ray, EKG, cholesterol screening and other select lab procedures

100% (no deductible or copay/coinsurance), one per member per calendar year

Note: Additional well-women visits may be allowed based on medical necessity.

Gynecological exam

100% (no deductible or copay/coinsurance), one per member per calendar year

Note: Additional well-women visits may be allowed based on medical necessity.

Pap smear screening-laboratory and pathology services

100% (no deductible or copay/coinsurance), one per member per calendar year

Voluntary sterilization for females

100% (no deductible or copay/coinsurance)

Prescription contraceptive devices-includes insertion and removal of an intrauterine device by a licensed physician

100% (no deductible or copay/coinsurance)

Contraceptive injections

100% (no deductible or copay/coinsurance)

Well-baby and child care visits

100% (no deductible or copay/coinsurance)

- 8 visits, birth through 12 months
- 6 visits, 13 months through 23 months
- 6 visits, 24 months through 35 months
- 2 visits, 36 months through 47 months
- Visits beyond 47 months are limited to one per member per calendar year under the health maintenance exam benefit

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Benefits	Coverage
Adult and childhood preventive services and immunizations as recommended by the USPSTF, ACIP, HRSA or other sources as recognized by BCBSM that are in compliance with the provisions of the Patient Protection and Affordable Care Act	100% (no deductible or copay/coinsurance)
Fecal occult blood screening	100% (no deductible or copay/coinsurance), one per member per calendar year
Flexible sigmoidoscopy exam	100% (no deductible or copay/coinsurance), one per member per calendar year
Prostate specific antigen (PSA) screening	100% (no deductible or copay/coinsurance), one per member per calendar year
Routine mammogram and related reading	100% (no deductible or copay/coinsurance), one per member per calendar year Note: Subsequent medically necessary mammograms performed during the same calendar year are subject to your deductible and coinsurance.
Colonoscopy-routine or medically necessary	100% (no deductible or copay/coinsurance) for the first billed colonoscopy, one per member per calendar year Note: Subsequent colonoscopies performed during the same calendar year are subject to your deductible and coinsurance.

Physician office services

Benefits	Coverage
Office visits	80% after deductible
Outpatient and home medical care visits	80% after deductible
Office consultations	80% after deductible

Emergency medical care

Benefits	Coverage
Hospital emergency room	80% after deductible
Ambulance services-must be medically necessary	80% after deductible

Diagnostic services

Benefits	Coverage
Laboratory and pathology services	80% after deductible
Diagnostic tests and x-rays	80% after deductible
Therapeutic radiology	80% after deductible

Maternity services provided by a physician or certified nurse midwife

Benefits	Coverage
Prenatal care visits	100% (no deductible or copay/coinsurance)
Postnatal care	80% after deductible
Delivery and nursery care	80% after deductible

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Hospital care

Benefits	Coverage
Semiprivate room, inpatient physician care, general nursing care, hospital services and supplies	80% after deductible, unlimited days
Note: Nonemergency services must be rendered in a participating hospital.	
Inpatient consultations	80% after deductible
Chemotherapy	80% after deductible

Alternatives to hospital care

Benefits	Coverage
Skilled nursing care-must be in a participating skilled nursing facility	80% after deductible, limited to 120 days per member per calendar year
Hospice care	100% (no deductible or copay/coinsurance), up to 28 pre-hospice counseling visits before electing hospice services; when elected, four 90-day periods-provided through a participating hospice program only ; limited to dollar maximum that is reviewed and adjusted periodically (after reaching dollar maximum, member transitions into individual case management)
Home health care: <ul style="list-style-type: none"> • must be medically necessary • must be provided by a participating home health care agency 	80% after deductible
Home Health Aide - when provided by the University of Michigan medical students for members who are C5 level quadriplegic	100% (no deductible or copay/coinsurance)
Infusion therapy: <ul style="list-style-type: none"> • must be medically necessary • must be given by a participating Home Infusion Therapy (HIT) provider or in a participating freestanding Ambulatory Infusion Center (AIC) • may use drugs that require preauthorization-consult with your doctor 	80% after deductible

Surgical services

Benefits	Coverage
Surgery-includes related surgical services and medically necessary facility services by a participating ambulatory surgery facility	80% after deductible
Presurgical consultations	<ul style="list-style-type: none"> • 100% (no deductible or copay/coinsurance) when obtained from a participating provider, • 80% after deductible when obtained from a nonparticipating provider
Voluntary sterilization for males	80% after deductible
Note: For voluntary sterilizations for females, see " Preventive care services. "	
Voluntary Abortions	80% after deductible
Radial keratotomy surgery and related anesthesia - professional charges only	Not covered

Human organ transplants

Benefits	Coverage
Specified human organ transplants-must be in a designated facility and coordinated through the BCBSM Human Organ Transplant Program (1-800-242-3504)	100% (no deductible or copay/coinsurance)
Bone marrow transplants-must be coordinated through the BCBSM Human Organ Transplant Program (1-800-242-3504)	80% after deductible

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Benefits	Coverage
Experimental bone marrow transplants-must be in a designated facility and coordinated through the BCBSM Human Organ Transplant Program (1-800-242-3504)	80% after deductible
Kidney, cornea and skin transplants	80% after deductible

Mental health care and substance abuse treatment

Benefits	Coverage
Inpatient mental health care and inpatient substance abuse treatment	80% after deductible, unlimited days
Residential psychiatric treatment facility: <ul style="list-style-type: none"> covered mental health services must be performed in a residential psychiatric treatment facility treatment must be preauthorized subject to medical criteria 	80% after deductible
Outpatient mental health care	80% after deductible
Outpatient substance abuse treatment-in approved facilities only	80% after deductible

Autism spectrum disorders, diagnoses and treatment

Benefits	Coverage
Applied behavioral analysis (ABA) treatment - when rendered by an approved board-certified behavioral analyst - is covered through age 18, subject to preauthorization	80% after deductible
Note: Diagnosis of an autism spectrum disorder and a treatment recommendation for ABA services must be obtained by a BCBSM approved autism evaluation center (AAEC) prior to seeking ABA treatment.	
Outpatient physical therapy, speech therapy, occupational therapy, nutritional counseling for autism spectrum disorder	80% after deductible
Other covered services, including mental health services, for autism spectrum disorder	80% after deductible

Other covered services

Benefits	Coverage
Outpatient Diabetes Management Program (ODMP)	<ul style="list-style-type: none"> 100% (no deductible or copay/coinsurance) 100% (no deductible or copay/coinsurance) for diabetes self-management training
Note: Screening services required under the provisions of PPACA are covered at 100% of approved amount with no cost-sharing when rendered by a participating provider.	
Note: When you purchase your diabetic supplies via mail order you will lower your out-of-pocket costs.	
Allergy testing and therapy	80% after deductible
Chiropractic spinal manipulation and osteopathic manipulative therapy	80% after deductible, limited to a combined 38-visit maximum per member per calendar year
Outpatient physical, speech and occupational therapy- provided for rehabilitation	80% after deductible, unlimited treatment
Durable medical equipment	80% after deductible
Note: DME items required under the provisions of PPACA are covered at 100% of approved amount with no in-network cost-sharing when rendered by an in-network provider. For a list of covered DME items required under PPACA, call BCBSM.	

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Benefits	Coverage
Prosthetic and orthotic appliances	80% after deductible
Private duty nursing	50% after deductible
Cardiac rehabilitation - certain restrictions apply	80% after deductible
Routine eye examination - one per member, per calendar year	100% (no deductible)
Nutritional counseling - certain restrictions apply	80% after deductible
Treatment of infertility Note: Covered treatment procedures are payable only when rendered by the UMHS Center for Reproductive Medicine. Note: Additional restrictions apply	80% after deductible Limited to a \$20,000 lifetime maximum
Prescription drugs	Not covered

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Hearing Care Coverage

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Member's responsibility (deductible and copay)

Benefits	Participating provider	Nonparticipating provider
Deductible	None	Not applicable
Copay	None	Not applicable

Covered services

You **must** receive the following services from a **hearing participating provider**. Hearing care services are **not** covered when performed by nonparticipating providers unless the services are performed outside of Michigan **and** the local Blue Cross and Blue Shield plan does **not** contract with providers for hearing care services. In this case, BCBSM will pay the approved amount for hearing aids and related covered services obtained from a nonparticipating provider. You may be responsible for charges that exceed our approved amount.

If you select a digitally controlled programmable hearing device, you may be responsible for charges that exceed the cost of a covered hearing aid.

Benefits	Participating provider	Nonparticipating provider
Audiometric exam - one every 36 months	100% of approved amount	Not covered
Hearing aid evaluation- one every 36 months	100% of approved amount	Not covered
Ordering and fitting the hearing aid (a monaural or binaural hearing aid) - one every 36 months	100% of approved amount	Not covered
Hearing aid conformity test- one every 36 months	100% of approved amount	Not covered

Note: You **must** obtain a medical evaluation (sometimes called a medical clearance exam) of the ear performed by a physician-specialist before you receive your hearing aid. If a physician-specialist is not accessible, your primary care doctor may perform the medical evaluation. **This evaluation is not covered under your hearing care coverage, so you must pay for this exam unless your medical coverage includes coverage for office visits.**

A physician-specialist is a licensed doctor of medicine or osteopathy who is also board certified or in the process of being board certified as an otolaryngologist. A physician-specialist determines whether a patient has a hearing loss and whether such loss can be offset by a hearing aid.